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THURSDAY, SEPTEMBER 16TH, 2010

## School closes for the funeral of local teacher

**S T A N W E L L**  
School in Penarth closed at noon yesterday (Wednesday) as a mark of respect to Mrs Lesley Lee, who died recently.

The funeral was at Llandaff Cathedral at 2pm, and pupils were given the choice of staying in the school for the afternoon, or going home.

Mrs Lee was due to take the post of acting headteacher, and a school spokesperson said: "We were all shocked and saddened to learn that Mrs Lesley Lee had died suddenly."

"Mrs Lee was a major influence in shaping Stanwell into the school it is today and it goes without saying that she will be sorely missed."

The governing body has appointed Mr Derek Jones and Mr Alec Lewis to lead the school in the capacity of acting headteachers until the appointment of a permanent headteacher.

In addition, Mrs Clare Kynaston has been appointed as acting deputy headteacher.



ABOVE:  
Barry-born Mrs Eva Tyrrell proudly holds a picture of the Queen to mark a very special occasion.  
To find out more, turn to Page 5.

## Barry call for warning signs after dramatic harbour rescue

A CADOXTON man is planning to launch a campaign for more warning signs at Barry harbour, after two young boys had to be rescued there.

John Barron was fishing at the old harbour with his nephew Christian on Saturday evening (September 11) at about 7.15pm when the dramatic rescue took place.

John, who is aged 64,

told The GEM: "We often see boys and girls jumping into the water from the harbourside, but on Saturday there was a really high tide and a big swell."

"This time, two boys decided to jump in, but they were soon in difficulty. They just could not make it to the side, and they could not find a way out of the water. They started to panic and there was no one around."

Christian, who is 42 and who these days

"only swims on holiday", dived in and, with great difficulty, managed to push the two boys to safety.

Christian told The GEM: "There wasn't time to think about my safety. In fact, I forgot to take off my fleece, and it was only when I was out in the water that I realised how much it was weighing me down."

The two boys, who were aged 10 and 11, were getting increasingly tired.

Although they regarded themselves as good swimmers, they could not cope with the swell and the current.

Christian said: "One of them told me later that he had his 1,000 metre swimming badge, but that didn't stop him getting into trouble."

"Looking back, it was quite scary, but you have to act quickly when something like that happens."

John Barron said Christian deserved a bravery award, and that he would be finding the appropriate place to nominate him.

He added: "I am also going to contact the authorities to try to get more prominent warning signs."

## Council offers reprieve for Remembrance Day parades

THE Vale Council believes that it has found a way to cut through red tape that was threatening events such as Remembrance Day parades.

After South Wales Police decided to withdraw officers from "rolling road" closure duties, it placed local councils in a position where they would have been forced to charge the organisers of events.

This came about because council officers have no legal powers to close roads without a bilingual statutory notice being published in the press.

sure. It was the cost of the notice that, said the council, would have had to be passed on to organisers.

The reaction from organisers of Remembrance Day parades was furious, but the council now believes that it has found the answer in an Act drafted in 1847.

In a letter to The GEM (see page 7) Miles Punter, the head of visible services at the Vale Council, has explained that under Section 21 of the Town Police Clauses Act 1847, there is still a "necessity to consult interested parties prior to any road closure", but it can be done without a notice in the press.

The news, just eight weeks

before Remembrance Day, should come as a relief to the Royal British Legion, but the organisers of other events, such as the Cowbridge Reindeer Parade, cannot breathe a sigh of relief just yet.

Mr Punter says in his letter: "The arrangements for other road closures for community events are currently under consideration, though it is unlikely that the council will be able to rely on the same legal provisions in all other cases."

"Also, certain larger events will attract traffic management fees for signs and other expenses, which has been the case in the past."

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## Evidence still to be called in case against police

EVIDENCE has yet to be called in the case at Cardiff County Court in which the Vale 'Flying Vet' Maurice Kirk, is suing the South Wales Police.

If the case goes ahead, it is scheduled to last 10 weeks, with costs of up to £800,000.

Mr Kirk, 65, who lives in Barry and Brittany, is alleging that a conspiracy existed against him, dating back to 1993.

On one day this week, Mr Kirk was unable to attend court because he was feeling unwell.

Judge Anthony Seys-Llewellyn said: "He is in the passenger seat of a car outside the building."

"The court clerk has spoken to him and he has indicated he is extremely unwell, and could not reach the courtroom to deal with the matters."

South Wales Police deny Mr Kirk's allegations.

Their counsel, Lloyd Williams QC, has begun putting forward complex legal arguments and points as to whether such allegations can be heard.

At one stage, Mr Kirk had requested an adjournment because of his ill health. He later said he wished to withdraw this request, but the judge said it would nevertheless be considered.

Mr Kirk has complained that he had not received relevant correspondence and full disclosure concerning the case.

He said he had made 40 crown court appearances but had continually been refused details of the court log.

On a number of occasions in the county court hearing, Mr Kirk has made outbursts and has repeatedly been told to be seated by the judge.

The judge said that the matter of whether the case is "achievable" had yet to be considered.

AJ SICLUNA

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See page 5 for a sample of our menu

## 'Let's breathe new life into Rhoose village'

**M**Y family and I have lived in Rhoose for over 30 years and during this time we have seen the demise of facilities that other villages of a similar size enjoy – no bank, no petrol station, no bread shop, no greengrocer, fishmonger, etc.

Conversely, during these years there has been a huge increase in residential building and population with no (although always promised), new commercial developments or facilities to cope with this extension.

The primary school has had to undergo numerous extensions to enable it to cope with the increasing population of Rhoose.

In all this time there has been no outcry or petitions from the existing stores in Rhoose about the closure of any of these facilities/shops, who are now up in arms about Tesco. I wonder why?

For the first time in years, there is (hopefully) going to be a new commercial venture promising jobs and convenience to the people of Rhoose; in particular I would say the people of Fontygary.

This will be a tremendous help for the majority of people in Rhoose and other businesses may not suffer. Rather, by having this convenience it may very well encourage people to shop more in Rhoose by

### Winner's thanks

**T**HANK you for the set of Olympic stamps won in your recent competition.

Our grandson will be pleased with them, as he has just started off in the world of stamp collecting!

Louise Good, Sully

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## THE COLUMN YOU WRITE

## Readers' Letters

We reserve the right to edit all letters. We do NOT accept anonymous mail. Letters and emails MUST include full address and a contact telephone number. An email address alone is not sufficient. We will (in certain circumstances), protect a writer's identity, if requested. Please keep your letters BRIEF and address them to: The Editor, Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL.

## FRIENDS OF THE EARTH POINT TO...

## 'Soaring costs and illusory jobs of defence college'

**T**HE jump in costs of the St Athan project from £12bn to £14bn in two years from September 2008 is not simple inflation.

The Defence Minister

announced in the Commons on September 6 that the increase is due to a rise in costs of finance and increased provision for risk, as well as a changed assumption on inflation.

Both financier charges and the 'risk' premium are special to the privatisation option, so keeping training within the MoD (on the Cosford and/or Blandford bases) might now be cheaper.

Critics of the St Athan Defence College are

hopeful that the Defence Review will genuinely assess changing to the latter option.

Critics have established that the promise of jobs is illusory, because most of the 3000 now claimed by Metrix will be transfers.

Barry Friends of the Earth point out that the transfers will bring in many job-seeking spouses and family members. The estimated job-seekers far outnumber the few hundred available jobs in cleaning, maintenance, transport and catering.

Of course, spin-off benefits in spending and temporary construction jobs can be claimed, offset against burdens on services and in road traffic.

As our large dog was

in the back, I assumed they would have realised the car had not been totally abandoned.

What if I had not

taken any money? There

was no-one around to

help when there are

says 'do not leave your car unattended', so I was forced to go into the terminal building.

As for the change

machines being upstairs,

that in itself seems ludicrous, as it would have

taken me longer to find a £1 coin and I would

have been away from the

vehicle for longer!

Lynne Healey, Barry

## WANTED: volunteers for Poppy Appeal

**W**E are asking for volunteers for this year's Poppy Appeal, starting on Saturday, October 30.

Anyone who wishes to help, should contact me at the Bridgend branch, Royal British Legion c/o 3 Bryn-Deri, Bridgend CF31 4EH, or by telephone on 01656 669988.

Anyone who would like to order a wreath, or larger poppies for vans, lorries and buses, should get in touch as soon as possible.

Andrew Reekie, Hon Secretary, Bridgend branch, Royal British Legion.

## Showcase for best of Barry

I WOULD like to congratulate everyone involved with the Barry Waterfront Festival which was reported exceptionally well in last week's GEM.

I have heard from many people who attended that it was a wonderful event which was a great success.

Unfortunately, I was unable to be present because I was involved in a charity cycle ride to London over that weekend to raise money for a

local cause linked to a family in my son's school.

I would particularly have wished to attend the service on Sunday morning, but was unable to get back from London in time.

This festival is a fantastic draw to the town from neighbouring areas and is a showcase for the best that Barry has to offer. Long may it continue and congratulations to all organisers and helpers.

Alun Cairns, MP for the Vale of Glamorgan

Will Alun cancel the dinner for Metrix that he is sponsoring at the Tory Party conference? Max Wallis, Barry & Vale Friends of the Earth

## Perils of the airport £1 drop-off charge!

**F**URTHER to the letters on the subject of a £1 drop-off fee at Cardiff Airport, I would like to share my farcical experience on a quiet Sunday afternoon, when I dropped my husband off on his way to Ireland.

We noticed the flashing signs saying '£1 drop off fee' which we thought was a bit much, but once you are in the designated lane, there is no turning back.

However, the sign did not say '£1 coin only', so when my husband got out and I drove to the exit barrier, I found I did not have a £1 coin in my purse.

There is no attendant at the barrier, so I had to reverse and stop in a no parking area while I ran into the airport for help.

There are no shops, so a man at the special

## HIGH TIDE TIMES

(UNTIL SEPTEMBER 23)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20–25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
16 Thur	00.17	8.3	12.58	7.6
17 Fri	01.52	7.2	14.39	7.5
18 Sat	03.31	7.3	16.09	7.7
19 Sun	04.42	7.8	17.02	8.3
20 Mon	05.22	8.3	17.47	8.8
21 Tues	06.06	8.8	18.29	9.2
22 Wed	06.45	9.1	19.01	9.4
23 Thur	07.18	9.3	19.28	9.6

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should always check with a tide table specific to their location.

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RAF Association Welfare Officer 01495 249522/01446 740522

SAMARITANS (emotional support) 01656 662333

VALE WOMEN'S AID 01446 744755

MENTAL DISTRESS (Mental Health Matters) 01656 767045

MIND in the Vale of Glamorgan 01446 730792 or [www.mindinthevale.org.uk](http://www.mindinthevale.org.uk)

CHILDLINE 0800 1111

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NSPCC 0808 800 5000

Inroads Drugs Project 01446 404040.

Vale Victim & Witness Support - 01446 730704.

## MP/AM's SURGERIES

To make a surgery appointment with Alun Cairns MP, contact the constituency office 01446 404014.

To make a surgery appointment with Jane Hutt AM, contact the constituency office (01446) 740981.

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# 'Blitz' spirit of school damaged by flooding

**FOR Dr Jonathan Hicks, the new headteacher of St Cyres Comprehensive School, the first day as 'head' last week proved to be a baptism of fire.**

Dr Hicks arrived early on Monday morning, September 6, having expected the night before to be spending a day training with staff in preparation for the new term starting on Tuesday.

# Barry man (19) is jailed after Mercedes theft

A £20,000 Mercedes C180 Compressor vehicle, which was stolen from an address in Barry, found its way into the possession of a 19-year-old man, Cardiff Crown Court heard.

One of the number plates, said prosecutor Julian Greenwood, was false. Inside the car was found the second false plate.

Craig Rowe, of Barry, was sent to a young offender institution for four months.

He had appeared at Vale of Glamorgan Magistrates Court and pleaded guilty to dishonestly handling the vehicle.

by AJ SICLUNA

Mr Greenwood said that on July 26, the car was stolen from an address in Porthkerry Road, Barry. The property had been broken into and keys taken were used to steal the car.

On August 3, Rowe was found sitting in the driver's seat in Clive Road, Barry. Mr Greenwood stated, Rowe was attempting to start it.

Recorder Richard Twomlow said: "According to you, you were about to embark on robberies with other men."

"Nothing came of that and I don't take it into account."

Rowe claimed he could not drive. He was said to be in breach of a conditional discharge for possessing drugs.

His barrister, Lucy Crowther, said: "A probation report indicates he is immature and has cognitive deficits".

She added that it was "blindingly obvious" the car had been stolen.

"He is realistic and realises there is no sentence other than custody."

Recorder Richard Twomlow said:

"The Development Consortium, Barry Town Council wishes to ensure that the development is completed in full

**BARRY TOWN COUNCIL THIS WEEK ISSUED THE FOLLOWING STATEMENT OUTLINING ITS VIEWS ON CONTROVERSIAL PLANS FOR THE DEVELOPMENT OF THE WATERFRONT. THIS IS THE COUNCIL'S STATEMENT IN FULL...**

Having considered the outline planning applications for the redevelopment of Barry Waterfront submitted by the Development Consortium, Barry Town Council wishes to ensure that the development is completed in full

and constructed to standards that set urban design, building quality and amenity benchmarks that can be used as exemplars for other future development proposals in the Town.

At its meeting on Tuesday, September 7, the council's planning committee agreed that the local planning authority and developers should address a number of issues to make sure that these aspirations can be achieved.

In giving formal consideration to the consortium's applications, Barry Town Council feels that the planning

applications and any associated Section 106 agreement should set out a clearly phased and agreed development programme for completion of all the proposals; including associated infrastructure improvements and facilities required within and beyond the site, together with all public realm improvements proposed.

The council feels that there is a need for a planned and phased programme of highway mitigation measures for Barry to ensure that the traffic impact of any agreed development is minimised; and further, that 30 per cent of the residential development should comprise affordable housing – to ensure that social cohesion is achieved within the community, meeting established social housing needs.

The Town Council is keen that public open space provision and urban design aspects of the Waterfront development are in accordance with the requirements of the adopted unitary development plan and other agreed supplementary planning guidance.

Furthermore, the Council urges the developers and the local planning authority to ensure that all open spaces and waterfront edges incorporated in the outline plans are accessible to everyone.

To ensure that the development has a seamless relationship with the town centre and Barry Island, the Town Council requests that the developers make significant contributions towards the improvement of pedestrian links, as well as cycle and vehicular access routes to and from these areas.

Finally, the Town Council is

Council points out that the proposed main access road should be constructed to a standard that enables it to be used to service the proposed development, as well as giving improved access to Barry Island, which at present is served by an inadequate single route, which threatens to restrict the Island's development as a tourist destination.

## VETERANS TO MEET

MEMBERS of the National Malayan and Borneo Veterans Association of the Cardiff and Vale branch meet at 7.30pm on Tuesday, September 28, at the Ex-Servicemen's Club, Windsor Road, Penarth.

Telephone 029 2070 6968 for details.

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# 'Number of issues' to be addressed on Waterfront development – COUNCIL URGES

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GREAT  
GREAT  
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Eva with her great-great granddaughter Faith, spanning five generations!

FAMILY and friends gathered at Barry Football Club last Friday, September 10, to wish a very special lady, Mrs Eva Tyrrell, a happy 100th birthday.

Eva has a large family in the town, which comprises six children, 11 grandchildren, 17 great grandchildren, and a great-great grandchild, Faith, aged just three!

She was actually born on September 11, 1910 when Herbert Henry Asquith was the British

Prime Minister. Her daughter Gail Burns told The GEM: "She has been a great mother to me, my sisters, Pam, Sandra, Lorraine and Denise, our brother Colin, and the rest of the family.

"She met our father William Henry Tyrrell – who everyone knew as Bill – at a dance hall on Kenilworth Hill. They had a very happy marriage for 44 years.

"Mum, who is Barry born and bred, worked at Dow Corning for many years, starting as a

cleaner and was promoted to supervising the cleaning contract. She worked until she was 74!

"She lives in the centre of Barry and is still very active. She goes to bingo at the Victoria Park Community Centre three times a week and bingo at Belvedere on Saturday nights. She also attends a midweek OAP club in Cadotton.

"She has been rightly described as 'the matriarch' of the family and always has an open door for members of the family to visit."

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Spring Rolls (V) (mini size)

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Choice of: Sweet & Sour Chicken or Chicken with Green Peppers in Black Bean Sauce

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Vegetable Spring Rolls

Sweet & Sour Chicken Balls

Beef with Green Peppers in Black Bean Sauce

Sweet & Sour Chicken (Hong Kong Style)

Special Fried Rice (Large)

##### For 3 Persons (C3) (£23.95)

Crispy Seaweed

Chicken Wings with Peppercorn & Salt (8)

Chicken with Green Peppers in Black Bean Sauce

Beef with Spring Onions and Garlic

Chicken with Pineapple

Fried Spicy Chicken

Special Fried Rice (Large)

##### For 4 Persons (C4) (£31.95)

Special Fried Rice (Large)

Beef in Black Bean Sauce

Special Chop Suey

Sweety & Sour King Prawns

Peppercorn Chicken

Crispy Shredded Beef

Special Fried Noodles (Large)

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Spicy Bite (ideal for 2 people to share) £4.90

Mixture of chicken tikka, lamb tikka, sheekh kebab, meat samosa and onion bhaji.

Demi Chicken Tikka Masala ..... £2.90

A starter portion of our all time favourite marinated in yogurt with mild herbs and spices then finished in mild creamy sauce.

Kebab Platter (ideal for 2 people to share) £3.50

Mixture of chicken tikka, lamb tikka and sheekh kebab.

Chicken Spring Roll ..... £2.90

Chicken tikka with cheese and onion.

Chicken or Lamb Tikka ..... £2.50

Sheekh or Shami Kebab ..... £2.50

Chicken or Lamb Chat ..... £2.50

Cooked with chat masala in a tangy sauce.

Chicken Pakora (2 pieces) ..... £2.50

Prawn Purce ..... £2.90

Prawn Cocktail ..... £2.50

Qtr. Tandoori Chicken (on the bone) ..... £2.50

Meat Samosa ..... £1.70

King Prawn Puree ..... £4.50

King Prawn Special ..... £4.90

King prawn special cooked in chef's special spices

Balti or Chingri ..... £4.50

King prawn in medium, fairly dry sauce with fried onion toppings.

Chicken Pakora (2 pieces) ..... £2.50

Mirchwanagh (chicken, lamb or prawn) ..... £5.50

Medium sized dinner with butter in a thick sauce

Mixed vegetables with butter in a thick sauce

King Prawn Special ..... £4.90

King prawn special cooked in chef's special spices

Hariyali Chicken ..... £5.50

Baked in a marinade of spinach, mint and coriander puree served in green creamy sauce

KoraiRai (chicken or lamb) ..... £6.90

Baked with spinach, minced lamb and garnished with garlic, with boiled egg on top

Zucchini (chicken or lamb) Fairy Hot ..... £5.50

Cooked with roasted fennel seeds, cloves of garlic,

Murgh Podina ..... £5.50

Thinly sliced fillet of chicken, cooked in a mild creamy sauce and garden mint

South Indian Mustard Chilli Chicken £5.50

(Hot) Barbecued pieces of chicken cooked with fresh garlic, mustard, chilli sauce and served with coriander and onions

Akash Muth ..... £5.50

Medium chicken tikka, onion green pepper with hint of mint and garlic.

Chicken Dhoniya ..... £5.50

Middle, chicken tikka cooked with lots of coriander, tomatoes, onions, herbs and spices

Murgi Massala Chicken ..... £5.50

Cooked with mince meat in a thick rich sauce

# Man escapes jail after car theft

A FORD Mondeo was hot wired and driven out of a garage in Barry following a burglary.

by AJ SICLUNA

He asked for two offences of theft to be taken into consideration.

Mr Jeary said Whippey cut through two padlocks at a garage in Michaelston Close, Barry, got into the car, causing considerable damage, hot wired it and drove away.

On another occasion, said Mr Jeary, Whippey stole a £900 motorcycle which he abandoned in Penarth Road, Cardiff.

A crash helmet was recovered later by, on which were traces of Whippey's DNA profile. He also stole a sat nav unit from a van parked in Deere Street, Barry.

He had pleaded guilty before Vale of Glamorgan magistrates to charges of burglary, driving while disqualified, and driving with no insurance and he had been committed to the crown court for sentence.

Whippey was said to have convictions for handling stolen goods, taking a vehicle without consent, burglary and

theft, driving while disqualified, driving with excess alcohol, dangerous driving, and robbery, for which he received a three-year sentence.

David Purnell, defending, said: "At the time of the burglary, he was under the effect of valium. He is finally beginning to mature."

Recorder Richard Twomlow said: "What a bleak picture you present to the courts."

He described him as a drug addict and said there were some good things to be said on his behalf.

The Recorder said: "Unless you address your drug problem, you are going to go to prison for longer and longer periods."

It was only with "considerable hesitation" he said, that he suspended the prison sentence.

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Lamb Curry ..... £4.70

Prawn Curry ..... £4.90

7kin Prawn Curry ..... £7.20

74. Chicken/Lamb Tikka Curry ..... £5.50

5. Fish Curry ..... £4.90

76. Vegetable Curry ..... £3.90

Other Dishes

Chicken/Lamb Prawn Saag ..... £4.90

Chicken/Lamb or Prawn Chana ..... £5.50

Chicken or Lamb Tikka Pasanda ..... £5.50

Mild and Creamy

Butter Chicken or Lamb Tikka ..... £5.50

Tikka flavoured simmered in butter and tomato sauce with fenugreek leaves in a mild creamy sauce

Fish Kurma ..... £4.90

King Prawn Kurma ..... £7.20

King Prawn Tikka ..... £5.50

King Prawn Saag ..... £4.90

King Prawn Chana ..... £5.50

King Prawn Tikka Chana ..... £5.50

King Prawn Tikka ..... £7.20

Chicken or Lamb Naga ..... £4.90

Chicken or Lamb Tikka Naga ..... £5.50

King Prawn Tikka Naga ..... £7.20

Chicken Tikka Noodle ..... £4.90

Lamb Tikka Noodle ..... £4.90

Prawn Noodle ..... £4.90

King Prawn Noodle ..... £5.50

Mixed Noodles (Chicken Tikka, Lamb Tikka and Prawn) ..... £5.50

Naan Dishes

Chicken Tikka Naan ..... £4.90

Lamb Tikka Naan ..... £4.90

Prawn Naan ..... £4.90

King Prawn Naan ..... £5.50

Mixed Noodles (Chicken Tikka, Lamb Tikka and Prawn) ..... £5.50

Set Meals

FOR 1 - £10.95 - Chicken tikka, korai

chicken, Biryani, also, pilau rice, nan

FOR 2 - £19.00 - Chicken tikka, onion bhaji, chicken tikka masala, korai lamb, mushroom bhajee, 2 pilau rice, 2 naan nan

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# HOLOCAUST MEMORIAL DAY: Council urges residents: 'Tell us your untold stories and share them'

THE Vale Council is asking local people to share their untold stories – to help mark Holocaust Memorial Day 2011. Stories can be told in any format, including written and visual art.

Tracey Harding, the council's arts development officer, said: "Under the Holocaust Memorial Day Trust's theme of 'Untold Stories', all ages are invited to take part in a creative arts project to discover new and old 'Untold Stories'."

Individuals and groups can submit an art work in any style. This can include a piece of writing, a poem, a short film or filmed performance, a painting, a photograph, a song or a combination of art forms that tells the story in a unique way.

She said: "The story can be about the Holocaust, or one of the World Wars, but it doesn't have to be. It can be about something significant in history, where you live, a story about someone who has

been brave, acted in a humane manner, has helped someone and has made a difference to people's lives – they don't have to be famous."

Councils across Wales are also asking their residents to submit 'Untold Stories' some of which will be chosen to form part of a national exhibition at Barry's Art Central gallery to create a

national legacy for Wales.

Closing date for submissions in the Vale is Friday, October 29, to be displayed in Art Central throughout November and December.

Some of the works will then be exhibited throughout January and February 2011 as part of the national exhibition, with the aim of finally moving the

exhibition to other venues and touring throughout Wales.

Work must be presented so that it can be hung or displayed in a gallery.

For further information, visit [www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk) or contact Tracey Harding Arts Development Officer at [TCHarding@valeofglamorgan.gov.uk](mailto:TCHarding@valeofglamorgan.gov.uk)

## Courtenay sings for charity supper

THE Vale's very own Miss Wales, Courtenay Hamilton, has helped generate £100,000 for charity in one of her final public appearances before jetting off to Miss World.

Courtenay joined some of the other most beautiful women in the country, including newly-crowned Miss England 2010, Jessica Linley, and Miss Universe Great Britain, Tara Hoyos-Martinez, as

special guests at the official launch of the Hemraj Goyal Foundation in the Radisson Edwardian Hotel, Heathrow, on Saturday evening.

The foundation is planning to raise a minimum of £100,000 for Ekal Vidyalaya – a charitable trust that initiates, supports, and runs informal schools all over rural villages in India.

The three beauty queens joined 300 other guests at a lavish ball at the five star hotel, which was compered by

Hardeep Kohli.

Classical singer Courtenay sang for guests at the launch. She said: "Singing is my passion and so it was wonderful to be able to put this to good use as part of the Miss World commitment to 'Beauty with A Purpose'."

She added: "Next month, Miss England and I fly to China to take part in the Miss World finals. It's great to be able to get to work together and get to know each other a little bit before we jet off."

# MP IN A CHARITY BIKE RIDE TO WESTMINSTER

A GROUP OF Cowbridge dads have just cycled to Westminster to raise £2,000 to help another father who is suffering from degenerative heart disease.

The successful charity challenge, which featured Vale MP Alun Cairns, was organised by fathers of pupils at Ysgol Iolo Morganwg in Cowbridge.

It was staged to raise funds for the Cardiomyopathy Association. James' son Will Fishlock is a pupil at Ysgol Iolo, and is helping to raise money for research into this illness.

The monies that the group have raised on their sponsored cycle ride will also be match-funded by a £750 donation from Barclays Bank.

The fathers set off from Bristol Parkway and cycled the 131 miles along the old A road to London, breaking their journey overnight at Windsor and then onto Westminster, arriving by lunchtime last Saturday at Big Ben.

The group has undertaken challenging cycle rides before and previously raised funds for the local Cyfleith Meithrin y Bontfaen charity.

The group consisted of Alun Cairns, John

Fathers of Cowbridge school pupils raise vital funds for heart charity's research



ABOVE:  
The cycling dads pose in front of Big Ben.

Left to right:  
Owain Saunders Jones, Gerald Jones, Phil Williams, Michael Burne and John Howkins.

Howkins, Phil Williams, Michael Burne, Owain Saunders Jones and Gerald Jones. They were met in London by their wives and the group then enjoyed a guided tour of Parliament.

Alun Cairns said: "It was a difficult ride and I must admit to being a little sore here and there! The stretch

between Bristol and Chippenham seemed as steep as riding over the Brecon Beacons but it was all worthwhile for a cause that is very close to us."

If you'd like to pledge your support to this very worthy cause, you can do so online at [www.justgiving.com/james-fishlock](http://www.justgiving.com/james-fishlock)

## Charge to the Legion would have been wrong

IT is difficult to believe that the Vale Council ever considered charging the Royal British Legion a road closure fee so that the traditional Remembrance Day Parade in Barry could take place.

This contemptible decision (since rescinded) is an insult to the people of Barry and to the memories of the young men of the town who made the ultimate sacrifice.

The media coverage of the 70th anniversary of the Battle of Britain and the Blitz seemed to have passed by our decision makers.

The people of Barry are entitled to expect that their elected representatives make decisions that are intelligent, fair, and reflect their interests.

Gareth Jones,  
Barry



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## VALE MP's VIEWPOINT

**Giving veterans the respect that they deserve**

**L**AST Sunday, I had the privilege of paying tribute and respect to those who served in the Battle of Britain conflict 70 years ago.

The service at Barry Cenotaph was advertised in last week's GEM and I attended in an informal capacity. I couldn't help but be touched by the commitment, loyalty and responsibility shown by each of the veterans who attended. It was also a delight to see the local Air Cadets, ensuring that such good principles continue.

The 70th anniversary is extremely important because it makes us recognise what Churchill called: "One of the decisive battles in the war.....and the Luftwaffe's greatest defeat", without which, Europe and our lifestyle would be so very different today.

In recognition, the RAFA are encouraging people to hold a 'Brew for a Few' coffee morning to help raise funds for the Association.

I am delighted to say that I am organising such an event in Llanwit Major Rugby Club on October 8 at 10.30am and I hope you will be able to



**Vale MP  
Alun Cairns**  
reports to  
GEM readers

come along.

The money will go to the RAFA and will be used to provide friendship and welfare support to serving and ex-serving members of the RAF and their families.

Each year, they help tens of thousands of people by offering a wide range of welfare services that include home and hospital visits from a volunteer field force; long-term residential care; short-term convalescent and respite breaks; sheltered housing resettlement advice and advice on war pensions.

There are a number of charities for the forces, with Help for Heroes receiving most publicity and support in

the media. All meet different, essential needs but the 70th anniversary of the Battle for Britain is an appropriate occasion for the RAFA to increase their profile and for the community to support those who took part.

Following the cenotaph, I was invited to go to, possibly the last commemorative service in the chapel on RAF St Athan. Hundreds were in attendance,

which reminds us of the important role the Vale of Glamorgan has

played in the RAF over

the last 70 years or more.

The chapel building will be knocked down if the Defence College goes ahead.

Respecting our veterans and forces is one of our prime responsibilities – to return the same respect they showed while serving.

During Defence Questions in the chamber this week, I raised post-traumatic stress disorder and the support offered to veterans. I will continue to challenge the government on this until I believe we are doing all we can.

*It is the least we can do in considering their many sacrifices.*

**Turkey, Game and Meat**

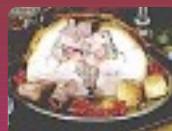
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**Company in Penarth**

STEPHEN SONDHEIM's Company the latest musical production by concept Players, will be staged at The Paget Rooms, Penarth from September 30 to October 2.

The musical comedy revolves around Robert, a 35-year-old New York bachelor who is everybody's best friend but has a phobia about settling down.

Tickets available on 029 2049 0019.

**Harvest celebration**

THE Friends of the ancient medieval foundation, St Lawrence at Lavernock Point, are holding a celebration of the harvest on Sunday, September 26 at 3pm.

All are welcome and the service of thanksgiving will be led by chaplain to the Friends, Rev Margaret Stark. Miss Annie Thomas will be the organist. Free parking is close by off the Lane, Fort Road, which leads to St Lawrence from Lavernock Road, opposite the reconstructed medieval village of Cosmeston.

Enquiries to 029 2020 7776.

**Vale Council finds a loophole to protect future parades**

WITH reference to recent articles and letters published in the local press concerning road closure arrangements for the forthcoming Remembrance Day parades.

Readers may recall my advising that due to changes in the Police policy for implementing road closures, the responsibility for such matters now rests with the Vale Council as highway authority.

Unlike the Police, council officers do not have the authority to stop traffic. In order for the council to do this it must follow a legal process which

involves consulting with road users, residents and businesses along the route proposed.

The council generally implements road closure orders using the provisions of Section 16 a – c of the Road Traffic Regulations Act 1984. The previously mentioned fee of £1,000 for road closures relates primarily to the costs of advertising the proposed road closure in the local press.

Depending on the detail, this notice, which is required to be bilingual, costs in the region of £1,000. This is the only cost that would have been passed on to the organisers in this particular case and is an external charge that would not have been payable had the Police continued with their previous

arrangements.

As advised, I have been working with this council's legal team to consider other possible road closure options that would avoid the necessity to place formal notices in the local press, while protecting the council and road users from any liabilities in respect to the closure.

For the purposes of the Remembrance Day parades it has been established that the council can utilise the provisions of Section 21 of the Town Police Clauses Act 1847. While there is still a necessity to consult interested parties prior to any road closure, for the duration and type of this event, it will not be necessary to utilise the services of the local press,

thus avoiding the fee.

I now intend to write to the British Legion advising them of the road closure arrangements and that there will be no fee for this year's parades.

The arrangements for other road closures for community events are currently under consideration, though it is unlikely that the council will be able to rely on the same legal provisions in all other cases. Also certain larger events will attract traffic management fees for signs and other expenses, which has been the case in the past.

Miles Punter, Head of Visible Services, Pennath Gwasanaethau Gweladwy

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# POLITICIANS BEWARE THE ELECTION CLOCK (and long memories)

**E**VEN though I am well into my 50s and should probably know better, I still have an optimistic outlook when I attempt to engage directly with politicians; despite a dismal record of failure.

Recently, I made my views known about the plans to charge the Barry branch of the Royal British Legion for the right to march through Barry town

on Remembrance Sunday.

I also sent emails to our newly-elected local MP Alun Cairns and to the Office of the Prime Minister, asking for their respective views on those proposals.

I am somewhat disappointed, but not surprised, that neither of them has acknowledged receipt of the emails, let alone responded in any way.

In the run-up to elections, voters are bombarded with let-

ters and pamphlets, praising the various candidates; all of whom always make promises that should they be elected, they will stay connected to and work tirelessly for their constituents' blah, blah, etc.

However, once in office you rarely ever hear from them again.

I would merely point out the (obvious) fact that politicians at all levels must eventually face re-election and not all of us voters have memory problems (at least not yet, in my case!)

When deciding whether to vote for the re-election of an incumbent politician, I ask myself how visible

and effective have they been at grass roots level; what have they done for me when I've asked for advice or support; and what (hopefully positive) difference have they made to my community...?

I am sure I am not alone in using those baselines when judging politicians' effectiveness...

The election clock starts counting down on the day after the votes are cast and despite what politicians might hope, past performance is a guide to future effectiveness. NICK MEYRICK, Barry

## Colin Jones Solicitors

In light of recent events, the staff at Colin Jones Solicitors would like to express their thanks for the support and good wishes they have received at this difficult time.

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Chris Lacey, who has been a partner in the firm for the last 7 years, is now principal.

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## FOLLOW THE (Vale) LEADER

# Exam results are down to hard work

**Excellent results**  
YET again, the Vale has seen excellent A-level and GCSE results for its school students, with results continuing to exceed the Welsh average.

These results are a testament to the hard work of the pupils, their teachers and the support of parents.

The results are even more impressive when one remembers that our pupils receive the lowest funding per head in Wales from the Welsh Assembly Government (WAG).

Congratulations to all pupils, teachers and parents.

**Council website**  
THE council is currently undertaking a campaign to encourage residents to try out its website – [www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk) Have you visited the site?

Council services can be requested there 24 hours a day, seven days a week and problems such as flytipping, graffiti and potholes can be reported on-line.

Also, if you tap in your postcode you can find information specifically for your address. Using the website is cheaper than a phone call and more convenient than making a trip to council offices.

It is also cheaper for the council to deal with enquiries through the website than by phone or face to face and, of course, that's a saving for the taxpayer.

**Cowbridge library**  
GOOD news for Cowbridge and our library service with the announcement that the town's

library is to be extensively refurbished with funding from the council and WAG.

The plans for the refurbishment are based on feedback from customers and will include a new IT suite and creation of a separate children's area.

The council will provide new computer equipment and a collection of new books.

## Vale on the Road

*THANK you to everyone who came along to talk to myself, members of the council's cabinet and senior officers, at the Vale on the Road events in Barry and Llantwit Major.*

*Our final event will take place in the Paget Rooms, Penarth on Saturday, September 25, 10am-1pm.*

*Please come along and feel free to question us about our work and raise any council service issues you may have.*

## Nell's Point

**THANK** you to everyone who contributed ideas and comments as part of the consultation on the future of the old Butlins site on Barry Island.

Every suggestion will be considered and will help us formulate our plans for the Island. Barry has been designated a regeneration area by WAG and £9 million has been earmarked for the town.

Barry is the principal town in the Vale of Glamorgan and we appreciate its success is important to Barrians and the wider county; we are dedicated to working with WAG to secure a successful future for the town.

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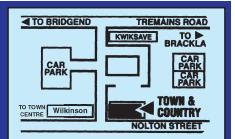
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## PRESENTATION ON HMS RAMSEY

# Honours for two Barry Royal Navy reservists

**TWO members of HMS Cambria, based in Barry, received recognition for their military service at a presentation held on board HMS Ramsey when the Royal Navy minesweeper visited the Barry Waterfront Festival.**

The Mayor of the Vale presented the two reservists with their clasps which recognise their contribution to the Royal Navy Reserves.

Leading Seaman Bill Palmer joined the Royal Naval Reserve at HMS Cambria as a Radio Operator (G) in September 1989, having previously served in the

Royal Navy from 1969 to 1980. He is now a Leading Seaman in the Communications and Information Systems (Reserve) Branch, specialising in submarine communications.

Bill was recently mobilised on a seven-month deployment to the North Arabian Gulf in support of the Iraqi maritime forces on board RFA Cardigan Bay.

The award of the first clasp to his Volunteer Reserve Service Medal is recognition of a further five years' service in the Royal Naval Reserve.

Promoted to Warrant Officer in November 2005, he took on the new role of Regional Warrant Officer for Wales and the south west of England, until September 2008, when he was appointed the Logistics Career Manager.

Warrant Officer Kevin Rowan joined the Royal Naval Reserve at HMS Cambria in 1990, having completed 18 years with the Royal Navy including six months as a Permanent Staff Instructor at HMS Cambria.

In 2002, he was mobilised and formed

part of the Forward Logistics Site bases in Thumrait in Oman, supporting British Forces in Afghanistan. He was mobilised again in 2003 for duty in the second Gulf War.

Promoted to Warrant Officer in November 2005, he took on the new role of Regional Warrant Officer for Wales and the south west of England, until September 2008, when he was appointed the Logistics Career Manager.

The award of the second clasp to his Volunteer Reserve Service Medal is recognition of a total of 20 years' service in the Royal Naval Reserve, years which have seen him serve in such places as Norfolk, Virginia, Newport Rhode Island, France, Spain, Cyprus, Pakistan, Oman and Dubai.

Warrant Officer Rowan has been, and remains, an outstanding example for the rest of the ship's company of HMS Cambria.

**Warrant Officer Kevin Rowan**



**Leading Seaman Bill Palmer.**



**Warrant Officer Kevin Rowan**

## CREDIT UNION IS ONE-YEAR-OLD...



**Left to right:** Sharon Topazio, Gibbonsdown and Court Communities First co-ordinator; Lianne Abel, Credit Union saver; Helen Cocco, Cardiff and the Vale Credit Union. **Front row (right):** Sarah Hilson, Credit Union volunteer.

**GIBBONSDOWN and Court Communities First** run a Credit Union collection point every week for local people who want to start saving regularly.

Sarah said: "It's lovely to see so many local people saving for Christmas, a holiday, or just a rainy day. It's so easy to sign up and you would be surprised how just £2 a week mounts up in the long run."

A local saver, Lianne Abel, saves every week at the collection point. Lianne said: "It's a great scheme. I go every week just to save for a rainy day."

"If something breaks down at home or if I fancy a splurge – I don't have to worry. It's local, it's so accessible and Julie and Sarah are really helpful and welcoming."

As it celebrates its first birthday this month, Sharon Topazio, manager at the centre, commented: "As it is so local and accessible to all, we

would like to see more friendly faces every week!"

To start saving in your local community, visit the Gibbonsdown Credit Union Collection Point on Fridays between 11am and 12pm at Gibbonsdown and Court Communities First Office, Aberaeron Close.

### Pedal Power!

THE Pedal Power cycling charity, which makes cycling accessible to people of all ages and abilities, is organising a bike ride in Bute Park, Cardiff, and afternoon tea with entertainment on its 10th anniversary, at 2.30pm on Saturday, September 18.

Contact 029 2039 0713 or 07775 616411.



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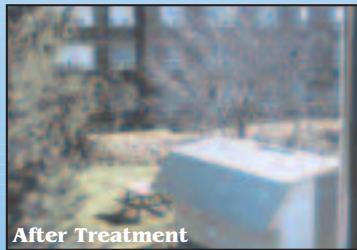
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# St Athan benefits as Barry PCSO becomes a 'first responder'

VILLAGERS in St Athan have had a double boost to their community with the recent qualification of their local PCSO as an Ambulance Service Community first responder.

PCSO Lynda Fraser, originally from Barry and a part of the neighbourhood policing team for the St Athan area which also takes in the nearby villages of Gileston and Flemington, has recently become a first responder for these areas.

"I'd always kept up to date with first aid training due to my association with Scouts and Cubs, so it made sense to me that I also offer my services as a first responder to the communities which I serve on the beat," explained Lynda.

"The main employer, of course, is the RAF in St Athan and that means

keeping an eye on the housing and services responder. I've already attended to a lady who was choking badly, and thank goodness I was able to help and she was fine.

"It's an interesting and diverse area with local families and incoming service personnel. "These combined roles give me and, hopefully the community, more confidence that we can deal with events.

"I feel better able to get involved and I'm hoping it might persuade other PCSO's to be trained as first responders so they can offer their communities that bit extra in terms of support and help."

Lynda added: "I'd encourage my colleagues and in fact anyone who wants to serve their communities to get involved in first responding.

"To find that you can make a difference to people's lives is so uplifting and I hope the people of the St Athan area will find my contribution to their communities worthwhile."



ABOVE: PCSO Linda Fraser, who recently qualified as a first responder.

## IN BRIEF Meeting

**FocusBARRY**, the local group determined to tackle Barry issues, lobby service providers and support independent candidates at the next council elections, meets at Barry Town Football Club, Barry Road, on Friday, September 17.

The public are welcome to join the meeting at 7pm.

## Osteoporosis support

The next meeting of the National Osteoporosis Society's Barry support group will be held on Monday, September 27 to offer support and information to people living with the fragile bone condition in the area.

It will take place at Palmerston Community Learning Centre at 7pm and will give people affected by osteoporosis the opportunity to meet others in a similar position.

The event will include guest speaker, Sandra Dicks, who will speak about the work of Traidcraft.

Further information from Gwyneth Thomas on 01443 238563.

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# The GEM holds steady as the big boys falter

CONCERN has been expressed by a top lecturer in journalism, that daily newspapers in Wales are facing a crisis, with their circulation plunging to critical low levels.

In the first six months of this year, the circulation of the Western Mail, the national newspaper of Wales, fell by 10.2 per cent – to 29,567 compared to the same period last year. (The Welsh population is about three million).

The paper's sis-

ter paper serving north Wales, the Liverpool-based Daily Post, has seen a decline of 4.5 per cent, to 32,414 copies distributed.

(The South Wales Echo's average circulation has also fallen by 10.1 per cent to 35,389 over the same comparative period).

James Stewart, a senior lecturer in journalism at the University of Glamorgan, has stated that the figures are "sad and worrying".

Pointing out

that when he worked for the Western Mail in the 1970s-80s, its circulation was around 90,000, he said there were serious implications about the decline over the last 30 years.

• Thankfully, the picture for local newspapers, like The Glamorgan GEM, is rosier, with our weekly distribution remaining steady at 43,445 independently audited copies serving the Vale and Bridgend county boroughs.

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# Petition against Vale court closure



**900 local residents sign up against 'retrograde proposals'**

**ABOVE:**  
Jane Hutt at Churchill House with her submission and petition.

## Vale MP meets with magistrates

Vale MP Alun Cairns has met magistrates at Barry to help the campaign to save the local court house from closure.

Mr Cairns met the chairman and deputy chairman of the bench to ensure that he is co-ordinating his efforts with theirs.

He said: "We are sending in objections and want to approve each other's documents. Other organisations and charities are also objecting."

Mr Cairns said that his submission to the Ministry of Justice would be on his website so that voters in the Vale can see what he has said. It is available on [alun@aluncairns.com](mailto:alun@aluncairns.com).

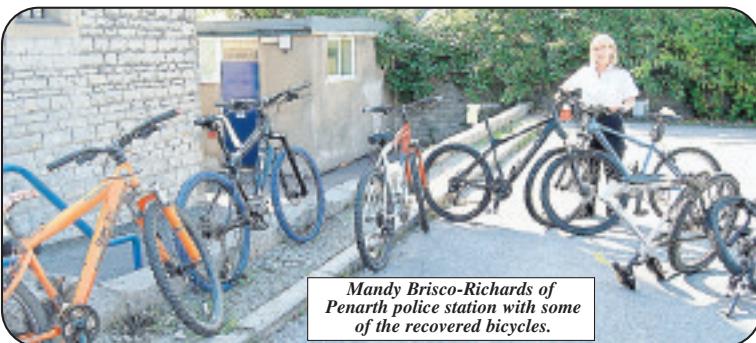
A 900-strong petition against the closure of Vale Magistrates Court in Barry has been handed to the Courts Service by local AM Jane Hutt.

On Friday September 10, she presented the petition to HMCS at Churchill House Cardiff, along with her response to the proposal to close Vale Magistrates Court.

She commented: "Over 900 people have signed this petition to express their opposition to these retrograde proposals."

"I am now meeting with the HMCS to put the case to them in person. My response will be available on my website at [www.jane-hutt.co.uk](http://www.jane-hutt.co.uk)."

## HAVE YOU 'LOST' YOUR BICYCLE?



Mandy Brisco-Richards of Penarth police station with some of the recovered bicycles.

## Penarth police to reunite bikes and their owners

POLICE in Penarth are seeking the owners of a number of bicycles which have been recovered following a recent arrest.

Police Constable Teilo Richardson of Penarth police said: "We believe that these cycles have been obtained illegally, possibly

as a result of thefts and we would like to re-unite them with their owners."

"If you recognise any of these cycles or know who may own them, please contact me at Penarth police station."

The cycles are:

- Diamondback
- Saracen Mantra
- Vulcan Carrera
- Claude Butler Alpina
- Apollo Slammer (Orange)
- Alpina (Black)

PC Richardson can be contacted at Penarth police station on 101.

## School welcomes 'massive' intake



BARRY Comprehensive School welcomed new and returning pupils to school last week.

The new year-7 pupils began their first day with a special assembly before finding their way to their classroom and meeting their teachers.

Meanwhile, the new year-12 students spent their first day on an induction programme that included drama,

"This year saw a massive intake into year-12, with students from all the local secondary schools choosing to continue their studies at Barry Comprehensive," a spokesperson said.

**LEFT:** Year-12 induction team building activities – blindfolded students trusted their peers to guide them through the obstacles.

## 'Keep land green'

BARRY residents were urged to sign a petition opposing development at White Farm when Gibbonsdown councillors Rob Curtis and Margaret Wilkinson took to King Square last weekend.

Court Curtis, a founding member of the White Farm anti-development campaign, said: "We have had wonderful support from the citizens of Barry to keep this vital area as green open space. Local residents are deeply concerned about the flood risk that further development of the Coldbrook catchment could have."

"As the local councillors for Gibbonsdown, we are determined to do our best to keep as much of the green lung for the benefit of future generations. Please help us keep White Farm Green!"

Councillor Margaret Wilkinson added: "The White Farm planning application is not due to go before the planning committee until October at the earliest, so local people still have an opportunity to express their opposition by signing our petition."

For copies of the petition, telephone 01446 736287.

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An unusual piece of food art!

## World's first giant cauliflower sheep to be born in Wales!

ONE of the most unusual works of food art ever seen in the UK will be the centrepiece in Bridgend of Wales' alternative food festival, on October 1-2 – a giant 10-foot sheep made from cauliflower!

"As one of the first alternative food festivals in the UK, the emphasis is on fun with food and doing something out of the ordinary, quirky and totally unique. To our knowledge, this is the first place anywhere in the world where a 10-foot high cauliflower sheep has been created over two days," said

event organiser Barry King.

Sponsoring the creation of the sheep is Haverfordwest-based Puffin Produce Ltd, who recently launched its own brand, Blas Y Tir ('Taste of the Land') to bring genuine Welsh produce to shoppers in the region through Asda. Blas Y Tir cauliflower is the latest addition to the range.

"I think the sheep reflects the 'food fun' theme of Feastival really well," said Puffin's general manager Huw Thomas. "It's a fresh approach designed to inspire visitors – and especially kids – to get more creative with veg."

Interest in the cauli-

flower sheep has soared, even before the work of art has been created. There is even a Facebook campaign gathering pace to name the sheep, with many tongue-in-cheek names after celebrities appearing all over the internet.

A spokeswoman stated: "Feastival, supported by the Welsh Assembly, will take place in Bridgend town centre over two days and offer food lovers the finest local produce, as well as keeping the whole family entertained with food fun."

"Other alternative attractions at the event include leek lobbing and egg dropping, alongside the more usual food cinema, urban allotment, and cookery demonstrations.

"The sheep is not the only food art on show at the event, there will also be demonstrations throughout the day on intricate melon carving from Malaysian-born food sculptor David Loh who recently appeared on Britain's Got Talent."

## THAI NIGHT IN BRIDGEND

The Bridgend Recreation Centre will be the scene of an evening with a strong Thai flavour on October 2.

A 'Thai Night' with authentic Thai food, Thai dancing, and a disco later, will start at 6.30pm, and goes on until 11pm.

Proceeds from the event will go to the Thai Support Group funds.

To book tickets (£20), contact Pim Morgan on 01656 773157 or 07943 975634, or e-mail pimmorgan@yahoo.com



Pictured above left to right are: Barry College engineering lecturer Darren Lawler, Robert Critchley and course tutor Geoff Shaw.

## Bright spark Robert in national final

A FORMER Barry College student has beaten off rivals from across the UK and won a place in the final of a prestigious electrical installation competition.

Robert Critchley, a 23-year-old from Cardiff, scooped the place in the Electrical Contractors' Association's Edmiston electrical annual 'Apprentice of the Year' awards.

Robert performed outstandingly in the theory test and practical installation competition, receiving a cheque for £500 and an electrical contractors' test toolkit.

He came to Barry College four years ago

as an apprentice, and has now completed his City and Guilds and work-based training.

"Robert had to score 95 per cent or higher in the trade tests and his achievement is just astounding," Barry College engineering lecturer Darren Lawler said.

He added: "Credit is due to course tutor Geoff Shaw, who has been instrumental in making the electrical courses the success that they are."

Robert now works for commercial and residential building services provider G Oakley and Sons, and most recently managed a restaurant refurbishment project in southern England.



LEFT: Cute Ryder will make a perfect present and friend, and is on sale for just £10!

them. The idea of introducing a series of collectable teddy bears is a way of committing to raise funds for the NSPCC across a longer term.

Last year a number of staff ran the London Marathon in aid of the charity; this year we'll all be buying the bears and giving them as Christmas gifts!"

Nerys Sales, NSPCC corporate fundraising manager for south Wales said: "Money raised from the sale of Ryder the teddy bear will ensure that the NSPCC is able to continue to provide help and support to children and young people in Wales to overcome the negative effects of abuse."

The Leekes Ryder

## Bro Radio's charity party

BRO RADIO is holding a 'Party on the Square' for Macmillan Cancer support on Saturday, September 25 from 2pm-7pm in Kings Square, Barry.

For more information, please contact Matthew on 01446 420681 or email matthew.wilson@broradio.fm.

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# Councillor supports 'perfect location' 'Use hall as temporary cinema' call at Barry



THE Memorial Hall in Barry could be used as a stand-in cinema while the fight goes on to save the Theatre Royal, says independent councillor Richard Bertin, who represents the Court ward on the Vale Council.

He pointed out that the Memorial Hall "is the perfect location" as it is close to the original site; *LEFT: Richard Bertin believes that Barry Memorial Hall could be used as a stand-in cinema.*

it is central, has parking facilities and has most of the licences required to hold film showings.

He went on: "Many people have expressed their disappointment that the largest town in Wales no longer has a cinema and are asking if a new one will be built."

"The town's Theatre Royal shut its doors a couple of years ago and the building has been boarded up ever since."

"Many people have said to me they would like to see another cinema in the town. I feel that the Memorial Hall could be the ideal place to act as a stand-in to the

Theatre Royal as it has all the licences and facilities needed."

"Perhaps the Barry Memorial Hall could investigate this request and do something similar to Chapter Arts in Cardiff by having film nights?"

"Although I am urging people to continue their fight to save the Theatre Royal, in the meantime they might like to show their support and join me in asking the Memorial Hall trust to start showing films," Councillor added.

*He plans to write to the Memorial Hall Trust to ask if they would consider his request.*

## Harvest service

ZOAR Presbyterian Church, Bonvilston, is holding its Harvest thanksgiving service on Wednesday, September 29 at 7pm.

There will be a collection for Samaritan's Purse and the guest preacher will be Rev Geoffrey Barrington. Everybody welcome.

## Autumn fayre

THE autumn fayre for The Children's Society, will be held in the Paget Rooms, Penarth, on Saturday, October 2, 10am-12noon.

There will be the usual stalls – cakes/preserves/plants, bulbs/books/parcels/Christmas gifts, plus cards; admission 50p.

## Andrew RT Davies AM Welsh Conservative Assembly Member for South Wales Central



Public Meeting—23rd September 2pm  
Llantrith Major Youth Centre, station Rd

Your chance to discuss regeneration opportunities for the Llantrith area with your Assembly Member and local councillors.

Have your say!

Ceidwadwyr  
Cymreig | Welsh  
Conservatives

Website: [www.andrewrt davies.com](http://www.andrewrt davies.com)  
Email: [andrewRT.davies@wales.gov.uk](mailto:andrewRT.davies@wales.gov.uk)

## Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number D635.

• £2000: 380793.

• The rollover, which now stands at £500, was not won this week.

• £10: 3 2 1 0 7 5 .

731319, 624532, 681453, 906229, 721443, 465939, 872308, 834935, 726076, 588756, 762621, 895181, 667811, 996520, 388954, 744354, 447193, 290843, 612625.

• £5: 137944, 778392, 324098, 987582, 728863, 386099, 827478, 639192, 390564.

315542, 831877, 711598, 876975, 611252, 223237, 337879, 133645, 949021, 362514, 149045, 109984, 315700, 809051, 388129, 566880, 122770, 725473, 169111, 431570, 649364, 158987, 415948, 340614, 733189, 590830, 466184, 132083, 279903, 966000, 603567, 807852, 551040, 306367, 155090, 618760, 417514, 898464, 653651, 797441, 409001, 440647, 257142, 252592, 817304, 133798, 716942, 732734, 109120, 736601, 130981.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please call telephone 02920 672062.

## New citizens' group pledges to protect Barry's beaches



Pictured above on the Knap pebble beach are the co-ordinator of FoBB Coun Rob Curtis, FoBB secretary Verity Alley and FoBB treasurer, Claire Curtis.

A GROUP of Barry citizens, led by Coun Rob Curtis, has set up a new environmental group to help to clean and protect Barry's five main beaches.

The 'Friends of Barry Beaches' have three objectives: to help protect the marine environment of five main beaches, to recycle as much of the litter as possible, and to promote and educate the sustainable use of beaches by the public.

The group will dedicate its efforts to Porthkerry, the Knap, Old Harbour, Jackson's Bay and Whitmore Bay.

Friends of Barry Beaches (FOBB) will carry out a beach clean/litter pick once a month.

The first beach clean is scheduled to take place to coincide with 'Tidy Wales Week' on Sunday, September 26, starting with the Knap beach at 3pm.

The group has already received the backing of Keep Wales Tidy, which has awarded FoBB free accident insurance cover.

The chairman and co-ordinator of FoBB, Coun Rob Curtis said: "I know the people of Barry are proud of their beautiful beaches and will support the aims of Friends of Barry Beaches, in order to protect these for visitors and local residents alike."

"Litter is swamping our oceans and is washing up on beaches. It kills wildlife, looks disgusting, and is a hazard to our health. Surveys show that there are two pieces of litter

for every footprint you take on a beach!"

"We need volunteers to help make our beaches clean and safe."

"Please give us one hour of your time once a month and we can make a real difference to the conservation of our marine environment."

FOBB's secretary, Verity Alley said:

"Marine wildlife gets entangled in litter and accidentally ingests it."

"They mistake plastic bags for jellyfish and the bags block their stomachs, often leading to death from starvation."

"It is a frightening fact that plastic litter on beaches has increased by 146 per cent since 1994."

"Plastic never biodegrades, it just breaks down into small pieces but does not disappear."

## Vale Resort has a fitness offer you can't refuse!

A CASHBACK fitness scheme has been introduced at Wales' premier health and racquets club in The Vale Resort at Hensol.

New joiners before November will be given £100 to spend on their choice of treats around the resort, from a luxury overnight stay, to a couple of rounds of golf, spa therapies or a delicious and healthy dinner so as not to undo all the good work!

As well as being spoilt with their cashback, visitors to the health and racquets club are spoilt for choice with more than 50 classes a week, and there is an abundance of facilities to choose from to ensure a workout is exciting, varied and rewarding.

From X-Dream bikes, Power Plate courses and salsa classes to a sauna and steam room – there is something for everyone at the Vale Resort.

Facilities include a 20m pool, whirlpool

bath, squash and tennis courts, and both cardiovascular and resistance gyms as well as a crèche, day nursery and junior activities (also available to non-members at an extra charge.)

Members can enjoy the club's bar and restaurant and discounts throughout the resort.

Fitness is a priority at the resort, which is home to a £4 million WRU National Centre of Excellence and also boasts training facilities for the Cardiff Blues, Cardiff City FC and the Welsh Football Association.

The Manchester United team, Liverpool FC, Arsenal FC and the British Lions have also used the facilities.

Health and racquets club membership begins from as little as £45 a month with the offer running until October 31.

For more details, call 01443 665821/23/24; or feel free to make a visit.

Before you start work .....

Are you in receipt of a Health related benefit?

If the answer is YES, call us now on

08454 23 33 33



You could be entitled to extra help!

If you have been on Employment Support Allowance or any other health related benefits for 13 weeks or more, you could be entitled to Return to Work Credit worth up to £2080!

If you register with us BEFORE you sign off your benefit and start work\*

Plus you could also receive a £100 shopping voucher to help you get those essentials Before your first wage comes in!\*

Cyn rydych yn dechrau swydd .....

Ydych chi'n derbyn budd-daliadau ynglyn a lechyd?

os yr ateb yw Ydw, Ffonio ni nawr ar,

08454 23 33 33



Efallai gallich chi'n cael mwy o help!

Os rydych chi wedi derbyn Lwfans cymorth cyflogol neu unrhyw budd-daliad ynglyn a lechyd am 13 wythnos neu mwy, efallai gallich derbyn Credyd Dychweld nol i Waith werth lan at £2080!\*

Os rydych yn cofresti gyda ni CYN rydych chi'n gadael eich budd-daliad a dechrau gwaith\*

Hefyd, gallich derbyn taleb siopa werth £100 i helpu chi cael y petihu sydd angen cyn eich cyflog cyntaf!

Improving people's lives

\*Darostwng at ch'n bersonol aniglychiadau

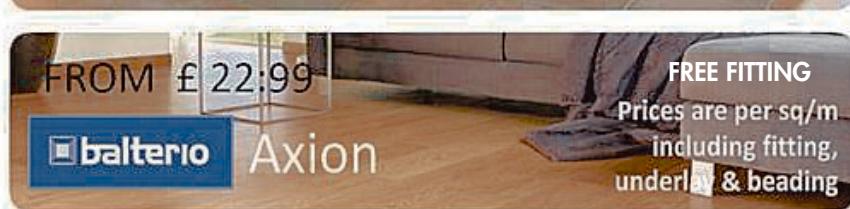


Improving people's lives

\*Subject to personal circumstances

**2012  
flooring**

## THE NEW WAY TO BUY FLOORING!



**10% OFF VOUCHER  
only with this coupon**

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**FREE MEASURING SERVICE • FREE DELIVERY**

**Ring 2012 Flooring Now on 0788 3012080  
Freephone 0800 6102012**

**or click [www.2012flooring.com](http://www.2012flooring.com)**

**2012 Flooring is here to help you create your perfect floor**

**W**HEN Chris Wall and his colleagues were working for Allied Carpets in Bridgend, they had slightly mixed feelings.

**By PHILIP IRWIN**

There was a sense of satisfaction from working for an established name in the market place, and it stayed that way until the future for the carpet giant's Bridgend operation was looking a little shaky. So out of necessity, Chris and eight colleagues decided to set up on their own. It was a chance to use their expertise, and also a chance to bring in some fresh ideas.

The result was '2012 flooring' – which aims to retain all the good practice and add a series of extras.



Chris told The GEM: "Quality service and meeting our customers' needs is at the heart of the business."

"Customers will be able to check out our website, decide on the product that interests them, and we will call round with a range of samples."

The team will be covering the Vale and Bridgend county borough. In fact, the company can handle enquiries from Carmarthen across to Newport!

The company has knowledge and experience of all types of flooring, from carpets to wood, and from vinyl to laminates, and when the customer has made a decision, Chris is confident that their service will be a huge plus factor.

He said: "We will be offering free estimates, free delivery, and will uplift your old carpet. What is more, we will move any furniture that needs to be moved – and fit the cupboards."

Not surprisingly, Chris feels that his company will be a real boon to the elderly.

He and his colleagues have been testing and refining the system over the last nine months, so they are confident that they are launching a service that has been tried and tested.

And finally, who chose the name and why?

Chris said: "Both my son and my brother were born on December 20, so 2012 fits very well."

Of course, all that publicity relating to a certain London Olympics could have a spin-off here and there!

# Christmas Party Guide

**Oriental Diner**  
AUTHENTIC PEKING & CANTONESE CUISINE

**BOOK YOUR CHRISTMAS PARTY WITH US**

**Sunday Special**

When you book  
4 adults' evening  
buffet meals, one adult  
will eat FREE!  
CONDITIONS APPLY

**Tuesday Special**

House wine only  
£8.90 a bottle  
Tsing Tao & Tiger Beer  
Buy 2, get 1 free

**Weds & Thurs**

**GRILL NIGHT** -  
Selection of grilled  
marinated meats -  
part of the buffet at  
no extra cost!

10 Broad Street • Barry • CF62 7AA  
Telephone 01446 748811  
[www.orientaldiner.co.uk](http://www.orientaldiner.co.uk)

**Eat as much as you like!****Lunchtime Buffet****Tues-Fri 2 noon-3pm**

(Last order 2.15 pm)

Adult £6; Child £3.50

(under 140cms) Tues-Sun

**Evening Buffet****5.30pm 'til late**

Adult £11.50; Child £6.50

Mon-Sun (Fri &amp; Sat additional £1 per person)

Please call for details  
to book your private  
parties in our special  
function room!

10 Broad Street • Barry • CF62 7AA  
Telephone 01446 748811  
[www.orientaldiner.co.uk](http://www.orientaldiner.co.uk)

 **Christmas Celebrations**  
at The Mount Sorrel  
**CHRISTMAS PARTY NIGHTS**

Three course dinner and coffee followed by  
dancing till late - **£32.50 per person**

NEW - Late bar licence extended til 2.00am

**MENU**

Prawn Cocktail

Or... Homemade Leek &amp; Potato Soup

\*\*\*

Roast Turkey Crown

Or... Roast Leg of Welsh Lamb and Mint Sauce

Or... Grilled Salmon Supreme with White Wine

&amp; Chive Sauce

Or... Tortellini Ricotta

\*\*\*

Selection of Vegetables

\*\*\*

Christmas Pudding &amp; Brandy Sauce

Or... Berry &amp; White Chocolate Torte

\*\*\*

Coffee &amp; Mints

**Value Party Nights £23.99**

Please phone for details and available dates

**CHRISTMAS LUNCHES**

3 Courses plus Coffee &amp; Mints £15.95

CHRISTMAS DAY Bookings now being taken

3 Course Meal, Coffee &amp; Mints Adults £58.50 • Children £25.50

NEW YEARS EVE - Night At The Oscars

4 Course Dinner £49.95

(Fancy Dress Optional) - Dancing til 2am

**PORTHKERRY ROAD, BARRY**

Telephone: 01446 740069

[www.bw-mountsorrelhotel.co.uk](http://www.bw-mountsorrelhotel.co.uk)

## BOOK EARLY TO GET THE BEST VENUE FOR THE COMPANY'S CHRISTMAS PARTY!

**A**LTHOUGH mid-September seems rather early to be making preparations for Christmas, it isn't if you want to ensure the best venue for

your office party.

Vale hotels and restaurants have a good reputation for hosting parties in the festive season, and if companies are not quick off the mark, they can either miss out on their first choice or even struggle

to find a suitable location for the numbers they want catered for.

One prime reason for booking now is that certain days in the week tend to be more popular than others. Friday and Saturday evenings tend to go first because people want to have a lie-in the day after a late night.

So now is the time to spend a few moments in your office or on the shop floor canvassing people as to the sort of venue they would prefer - a top hotel? a pub restaurant? - and to nail down the numbers that will be attending.

For many offices and businesses, the Christmas party is the

only time when work colleagues can get together, let their hair down and socialise

together so some early planning can avoid a last minute 'make-do' venue.

Another reason to book early is that some people want a Christmas party at a hotel, so they can have a drink and stay the night there. That avoids the danger of people being tempted to drink drive, or having to book late night taxis.

People should also be aware that they might still be 'over the limit' the following morning, and might still have to order a taxi.

In January, as many employees reflect on the festive season, one

perennial topic is how the Christmas party went, and whether the venue lived up to expectations.

Try and get staff to remember what they thought about a previous year's festivities and what was popular (or not)!

With most companies encountering some 'dread and gloom' in the economic downturn, it is more important than ever to have something for staff to look forward to and 'lighten' what can be an otherwise stressful time of year.

So don't delay, find out the preferred options and keep this week's GEM for menus, venues, prices and ideas.

### 'Halloween bash' for special Christmas lights

**HIGH STREET**  
Traders are appealing to the Barry public to support their 'Halloween Bash' so they can put on an extra special display of Christmas lights this year.

Grill on High Street.  
"Our aim is to double the amount of Christmas lights we have, so funds from the evening will be going to purchase new designs."

"It would be great if people could come in fancy dress, but it is optional."

"Tickets are just £1 and there will be a disco courtesy of Bro Radio and a buffet supplied by Chaplin's." (CONTINUED ON PAGE 17)

 **OCEAN LOUNGE**  
PORTKERRY

We are now taking bookings for our  
**TURKEY & TINSEL**  
**PARTY NIGHTS**

**Only £12.95**

Includes Entertainment &amp; Disco

**MAIN COURSE:**  
Turkey, Beef or Vegetarian option with all the trimmings

**DESSERT:**

Classic Christmas Pudding or Fresh Gateau  
Available party dates and entertainment

**Friday 10th December**  
**PIXIE PEREZ**  
Comedy Drag plus Disco til 1am

**Saturday 11th December**  
**THE MOPHEADS**  
Comedy Showband plus Disco til 1am

**Friday 17th December**  
**ACAB**  
Funky Dance Band plus Disco til 1am

**Saturday 18th December**  
**THE MOPHEADS**  
Comedy Showband plus Disco til 1am

Ample Parking for Cars and Coaches  
Early Booking Advisable

**Tel. 01446 711538 or 710362**



**The Glenbrook Inn**  
Free House & Restaurant

**CHRISTMAS FAYRE PARTY MENU AVAILABLE NOW**



2 course £12.95 per person  
3 course £15.95 per person

Childs 2 & 3 course menu also available.

To receive more festive information or to book call us on 01446 747808

**Monday Club:**

Discounted Prices on various Lagers, Beers & Spirits available all day

**'Everything a local pub should be'**

Dobbins Road, Barry, CF63 2NP.  
'YOUR AWARD WINNING PUB'

*This Christmas at*  
**The Countryman Inn**

Discover one of Llantrisant's best kept secrets

The Countryman is situated within Tri-Nant Fishery, set in 45 acres of spectacular, picturesque countryside and fishing lakes.

**Christmas Party Bookings**  
(from Thursday 2nd December)



**3 Courses**

**£20 per person**

Larger parties (minimum 50)

**£28 per person**

To include disco and entertainment



Planning a wedding or family celebration? Please phone for our brochure or CD.

**The Countryman Inn, Tri-Nant Fishery, Heol Ddu, Llantrisant, CF72 8LQ**  
(Only 20 minutes from Cardiff and situated 5 minutes from the roundabout by Royal Glamorgan Hospital)

Tel: 01443 231935/228316 Email: [trinantfarm@aol.com](mailto:trinantfarm@aol.com)  
[www.the-countryman-inn.co.uk](http://www.the-countryman-inn.co.uk)



## HIGH STREET PARTY!

(CONTINUED  
FROM PAGE 16)

"We hope that people will then buy raffle tickets at the event to win prizes donated by local businesses."

"Tickets are now available from MJM Computers, Tony's Cafe, Cubanias, Chaplin's and Nova's. "We want to put on a truly spec-

tacular display of Christmas lights. The council makes a contribution, but we need a little more to make the festive season in High Street that extra bit special."

*For more information, please contact Anthony Hopkins of Vic Hopkins, chairman of the local traders' association, or Sharon at MJM Computers.*

UNDER NEW THATCH... UNDER NEW MANAGEMENT

The Bush Inn Christmas Party 2010

Christmas Party Days and Nights  
29th November - 24th December £21.50 for a 4 course menu

Christmas Day £59.95 for a 7 course menu

Bookings being taken now...  
01446 776888

Good skin, great food, real comfort & log fires... see you soon!

The Bush Inn, St Hilary, Vale of Glamorgan, CF71 7DF [www.bushinn-sthilary.com](http://www.bushinn-sthilary.com)

## Dressing for the company party

HERE at The GEM, we have to start Christmas planning earlier than most - with the publica-

tion of our first

Christmas party

guide for 2010!

Scanning through this week's pages, readers will notice quite a few advertisers making reference to their festive plans too!

In fact, you can bet your life savings that at any time now, in your daily paper's women's pages, one of the style

gurus will pronounce on what to wear for this year's party season.

Sometimes it's all sparkles or spangles.

Sometimes it's ruffs and frills.

Whatever the style, it will obviously have to be in the 'hot' colour.

It might be this year's 'in dress' as worn by Victoria Beckham or Cheryl Cole.

It might even be that weird thing that Carole Vorderman keeps being pictured in. (The one

that makes your eyes go out of focus!)

There is one difference this season, of course, and that is the advent of Christina Hendricks from *Mad Men* as a sex symbol.

It has been sold as a chance for 'real' women to look sexy.

However, there is a touch of 'out of the frying pan...' about this, because for the average woman, the 'no waist, but curves everywhere else' look is no more achievable than the stick insect!

Now, this may be

stating the obvious, but men don't experience the same agony of indecision when it comes to choosing an outfit, believe it or not!

At least not for the company party. We do

a bit of agonising when meeting someone for the first time - wondering about making the right impression.

CONTINUED  
ON PAGE 18.

## Experience the ultimate 2010 Christmas party

Bryngarw House, Brynmennyn, Bridgend

- Set within 113 acres of picturesque parkland
- Award winning fine dining • Licensed bar
- Disco • Ensuite accommodation
- Prices from £21 per person

01656 729009

bryngarw.house@bridgend.gov.uk

[www.bryngarwhouse.co.uk](http://www.bryngarwhouse.co.uk)



## Party safely in 2010!

CHRISTMAS is probably the most socially active period of the year. Gatherings with family, friends, clients and colleagues can start from anything up to two months before Christmas Day - and it seems to be getting earlier each year!

Very often, alcohol plays a big part in this convivial season; but don't get caught out by something that appears harmless, particularly liqueur chocolates, which can be quite potent!

It is not worth the risk.

Please remember too

that you could still be

over the drink-drive limit the morning following your alcohol consumption, especially if it was a late night.

Far better to plan in advance by asking for the morning off or arranging a lift from a non-drinker - or invest in a shared taxi to eliminate the risk.

In this our 12th Christmas at the Star, our festive menu's are exceptional...

## Christmas Lunch Parties

- Prawn Cocktail
- Home Made Soup of the Day
- Tricia's Chicken Liver Pate
- Roast Turkey with all the trimmings
- Soz Rump Steak with Home Made Pepper Sauce
- Fillet of Sole with Spinach and Smoked Haddock
- Coffee & Mints
- £13.95 per head**

Baked Welsh Lamb Shank

With a Rosemary & Redcurrant Jus

Breast of Chicken

With Dijon Mustard, Bacon & Cheese Sauce

Fillet of Salmon

With Star's Home Made Lemon & Dill Butter

Roast Crispy Duck

Autumn Cherry's & Cointreau Sauce

Aubergine & Walnut Bake

freshly Prepared by our Chefs Carys & Matt

All served with seasonal vegetables & potatoes which are locally sourced

★

Tricia's Superb Christmas Pudding

With Brandy Sauce

The Star's Famous Desserts or Puddings

With Coffee & Mints to follow

**£21.95 per head**

## Christmas Evening Parties

Freshly Prepared Soup of the Day

With a Nice Crusty Roll

Cranberry & Brie Filo Parcels

Prawn & Smoked Salmon Cocktail

With a Marie Rose Sauce

Home Made Autumn Game Terrine

With Red Onion Marmalade

Star's Famous Garlic Mushrooms

En Croute

★

Local Roast Glamorgan Turkey

Served with all the Seasonal Trimmings

10oz Sirloin of Welsh Black Beef

With a Classic Whiskey & Black Pepper Sauce

## Weekly Events at the Star

Tuesday Nights

2 Steaks & Bottle of House Wine £20

Tuesday to Saturday

2 Course Lunch £9

Tuesday to Friday

3 Course Dinner £12

Sunday Lunch

2 Course Lunch £10

Every Saturday

Food with a difference. Ask for details

Back at 'the helm after 2 years'... The 'Big G' and Tricia re-enter the pub kitchen Monday Evenings - back by popular demand!

With resident chefs Carys and Matt they are due to unveil their NEW AUTUMN MENU which will be introducing a fantastic new 'Game' selection.

## FOOD NOW SERVED

Tuesday - Thursday 12-2pm, Friday - Saturday 12-2.30pm,  
Sundays 12-3pm. Evenings: Monday - Saturday 6.30-9.30pm.

Enquiries/Reservations: T 01656 658458 F 01656 669922  
[thestarinntroes@hotmail.co.uk](mailto:thestarinntroes@hotmail.co.uk)

The Star Inn, Treoes, Bridgend CF35 5DL

## Aberthaw House Hotel and Whispers Restaurant

Newly refurbished and open for evening dining.



Introducing newly appointed

**Jonathan Whitaker**

acclaimed chef from the Vale of Glamorgan.

Freshly prepared starters, traditional British dishes, all locally sourced – fish, steaks and homemade steak pies, etc.

Home made dessert selection

served Monday to Thursday

6pm - Last orders 9pm

Booking advisable



### Traditional Christmas Party Menu

for groups up to 16 now available

4 Courses only £22.50

Available Monday to Saturday evenings from December 11th – Booking essential

We are available for private meals or buffets for those more intimate family occasions – from anniversaries to family funerals



**Rooms from £55 including breakfast**



**28 Porthkerry Road  
Barry, CF62 7AX**

**01446 737314**

[www.aberthawhousehotel.co.uk](http://www.aberthawhousehotel.co.uk)

# Christmas Party Guide

## From a man's view

*Continues from page 17.*

However, we know that at a company function, we are mixing with people who see us day after day – at our best and at our worst.

It's too late to make a first impression.

So, here is The GEM male antidote to Christmas party pressure.

**RELAX!**



PI



## THE COCONUT TREE — INDIAN & BANGLADESHI RESTAURANT — (Formerly The Gateway of India)

### NEW 'HOUSE' SPECIALS (Sample Selection)

#### JOL-JOLA TROUT

Whole trout, marinated in chef's own recipe and grilled with fresh coriander and special spices. £9.95

#### MACHLI JHOLOK

Salmon diced into extra large chunks, lightly spiced and grilled served with salad. £8.95

#### KAKHRA SPECIAL

Succulent chunks of crabmeat delicately spiced in a medium sauce and garnished with fresh coriander. £8.95

#### SPICY SPECIAL MASSALLA

Succulent marinated King Prawns, sliced Chicken, sliced Lamb and on the bone Tandoori Chicken, all carefully cooked with freshly capsicum, tomatoes, onions in a clay oven and topped with special sauce of brandy and cream. £10.25

Why not try a change of cuisine and venue for your festive party celebrations...

All our popular menu choices, plus additional fish and seafood dishes

Chef specialities and set meals

Turn your party into a banquet!

(2 PERSONS) £28.95

Starter

Tandoori King Prawns,

Tandoori Chicken

Main

Chicken Tikka Massala

Special Korahi Gosht

Side

Saag Aloo, Mushroom Bhaji

Sundries

1 special Fried Rice, 1 plain Nan

Desserts

Choice of 2 desserts or coffees

Eat...Drink...Relax...Enjoy...

East Street, LLANTWIT MAJOR CF61 1XY Open 6pm-11pm every day  
**01446 793615** [www.coconuttree.co.uk](http://www.coconuttree.co.uk)

(4 PERSONS) £47.95

Starter

Machli Tikka, Lamb Tikka, Onion Bhaji,

Vegetable Somosa

Main

Balti Lahore, Lamb Dhabnak,

Special Chicken Korahi, Rongdonnu

Side

Saag Bhaji, Cauliflower Bhaji, Matter Paneer

Sundries

2 Special Fried Rice, 2 plain nan

Desserts

Choice of 4 desserts or coffees

## Festive Party Guide

If you would like to feature your restaurant, pub, or venue for the festive season, please contact

**The GEM**  
**01446 774484**  
or email:  
**gemsales@internet-today.co.uk**  
with a sample of your menu and we will price various size adverts to suit any budget!  
With 44,000 weekly copies and FREE on-line inclusion, we are real value for money!

## PENARTH BURGLARIES:

### Local police issue appeal to public

POLICE are investigating two house burglaries at Marine Parade, Penarth, on Saturday, August 21.

Between 3pm-4pm, an intruder gained access to a house and removed a handbag. Between 2pm-6pm, access was gained to a garage and a 'sat-nav' system was taken from the car at another house.

Detective Constable Craig Alexander of Barry CID said: "We would like to hear from anyone who may have witnessed anything suspicious in the area of Marine Parade during the afternoon of Saturday, August 21."

"In a separate incident, we would also like to identify a suspicious person who is thought to have entered another house on the same street the same afternoon."

"He is described as a white male, five feet eight inches tall with very short, cropped, mousey colour hair. He is of medium build and spoke with a Cardiff accent. He was wearing a pair of jeans, a red top and an earring."

Police have issued a CCTV image. Anyone who recognises him, or who has any information about the burglaries is asked to contact DC Craig Alexander at Barry CID on 01446 731606 or anonymously via Crimestoppers on 0800 555 111.



ABOVE: A CCTV image of the person police would like to identify.

## Juniors join with adults in competition



ABOVE: Longest driver Katie Spence.

AS part of a nationwide competition, Cottrell Park organised the annual adult/ junior competition on Sunday, August 29, on the Macintosh Course.

There was a good mix of partners, with two girls playing, some father and sons, and some senior players supporting juniors from Cottrell.

The first placed team, who will go forward to the next round, were Gavin Magner (junior captain) and Aled Williams on 43 stableford points. In second were Will and Terry Hoggett on 39 points, and third were Huw Williams and Rob Hale on 33 points.

The longest drive went to junior Katie Spence, out doing all the men there! The nearest to the pin went to Aled Williams.

The competition also has a fun award, with the best dressed pair, which went to father and son Rob and Frazer McAndrew !!

Cottrell Park junior section provide free coaching to all juniors and cadets with no handicaps on club night for two hours (winter months Sunday 10-12am, and summer months Thursday 5-7pm), with additional coaching provided for the squad who play in the league. If anyone is interested, contact the junior organiser, Mr Morgan Thomas, on 01446 451165.



ABOVE: Terry and Will Hoggett.

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## THE THREE HORSESHOES

Moulton, Nr Barry. Tel: (01446) 710428

### Christmas Parties 2010

**ALL INCLUSIVE**

4 Course Meal – Late Night Disco – £25 per head (Fri & Sat)  
Mon - Thurs £20 (No disco) - Minibus Service available

**Christmas Lunchtime Parties: 4 Courses for only £8.95**

**Special Menu Available - For office parties and get togethers!**

Tickets now on sale for our

**BONFIRE NIGHT EXTRAVAGANZA**

**£4 HEAD FAMILY TICKET (2+2) £10**

BBQ available

Competition for the kids

GLASS OF BUBBLY ON ARRIVAL

**STARTERS**

Mushroom Soup; Prawn Cocktail;  
Deep Fried Brie with Redcurrant Jelly; Garlic Mushrooms

**MAIN COURSES**

Roast Turkey, Stuffing and Chipolatas  
Baked Salmon Fillet with Champagne Sauce  
Vegetable & Nut Wellington  
Roast Beef & Yorkshire Pudding  
Welsh 10oz Rib Eye Steak (Extra £2.50)

**DESSERTS**

Christmas Pudding and Brandy Sauce  
Sherry Trifle; Rum & Raisin Cheesecake  
Chocolate Black Forest Gateau

Coffee and mints

A deposit of £10 per head is required (non-returnable)  
No booking is guaranteed unless deposit is paid  
Minibus subject to availability

# Still some spaces...

on courses starting this September

Come along to our late enrolment session below held at  
Barry College, Colcot Road and find out what is available.

**Late Enrolment Session**  
**Thursday 23rd September**  
**4.00pm - 7.00pm**

Some spaces are still available on  
full-time and part-time courses  
in many subject areas - so don't miss out!

At these sessions you can talk to course tutors and advisors to help choose the right course for you. You may also be able to sign up to a course on the same day. Hurry – all remaining spaces on courses are filled on a first come, first served basis.

To enrol on a course you will need current ID, payment (cash / cheque / debit or credit card) and proof of benefit if you are claiming fee remission. To find out more go to [www.barry.ac.uk](http://www.barry.ac.uk) or contact us on 01446 725007.

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ADVERTISEMENT FEATURE

## SPIRITUAL HEALING IS OFFERED AT SANCTUARY

**B**ASED in Barry, Sanctuary offers you the unique opportunity to experience Reiki, spiritual healing, Indian head massage or clinical hypnotherapy – as well as mediumship or

tarot readings – and the chance to discover who you were in your past lives!

Working from our private Sanctuary, used for over 20 years for healing and spiritual development, Gareth and Emma Jones are working mediums and qualified therapists.

They offer private sessions at Sanctuary or group evening experiences in your own home (4-6 people) combining clairvoyance, mediumship readings and past life regression or therapies; £30 per head.

**Sanctuary**  
Natural Healing & Therapies  
**20% Discount**

**Treatments**

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- Indian Head Massage

• Clairvoyant Tarot Readings

• Past Life Regression

• Spiritual Guidance

• Mediumship

**Contact:** Barry 07591 659015

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Brynsion Hall, Junction of Court Road & Llanover Street  
Lorraine 01446 407002

**Penarth** – 6.30pm  
Elfed Avenue Methodist Church, Elfed Road  
Niki 01446 740394

**Rhose** – 6.30pm  
Celtic Way Community Centre, Celtic Way  
Helen 01446 750738

**DAY GROUPS**  
**WEDNESDAY**  
**Penarth** – 9.30am & 11.45am  
All Saints Church Hall, Victoria Square  
Linda 01446 761150

**THURSDAY**  
**Barry** – 10.15am  
Castleland Community Centre, Belvedere Crescent  
Niki 01446 740394

**Cowbridge** – 10.00am  
Duke of Wellington, High st  
Linda 01656 890708

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# Health & Beauty

### Singing for Health & Pleasure

Join a New Singing Group with a very experienced lady tutor meeting at Llanblethian Church Hall each Wednesday, starting 22nd September from 7pm to 8.30pm

The membership fee is only £5 weekly (All ages are welcome - male and female)

No auditions, just come and sing! Learn singing and breathing techniques and an ability to convey modern light music including songs from the shows. Tel. 01446 795699 or e-mail: Maraya223@ntlworld.com

*The GEM says:*  
**'ALWAYS CONSULT YOUR GP BEFORE EMBARKING ON ALTERNATIVE HEALTH OPTIONS'**

### ERYL SURGERY, LLANTWIT MAJOR

## FLU CLINICS

Commencing 4th October 2010

PLEASE RING FOR AN APPOINTMENT ON 01446 793444

## FICH+RAMOUS

Competition with *The Glamorgan GEM*



Hmmmm ...

Now all you have to do is guess the amount of foils used to create this full head of highlights, together with up to 20 words to tell us what you like about visiting the hairdressers.

**3 Lucky Winners!**

**1st Prize:**

One year's Free cut and blow dry (value £150)

**2nd Prize:**

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**3rd Prize:**

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Entries stating number of foils, plus 20 words on 'What you like about going to the hairdresser' on a postcard please, together with your name, address and telephone number to:



**FICH+RAMOUS**  
75 Eastgate, Cowbridge

Entries must be aged 18 or over.  
Not to be used in conjunction with any other offer.

No cash or alternative prizes available.

**Closing date:**

Friday, 1st October

Winners to be announced in the Glamorgan GEM 'What's On' pages, October 14th edition



*'Window' display for more accurate quotes... You can look but don't touch!*

**Look out for our AUTUMN COLOUR SALE ...**

We think you're perfect just the way you are, but if you would like to explore new looks, styles and colours, make new friends and have fun, then come and join us at Fich+Ramous where you'll discover the Art of Hairdressing and a whole lot more!



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# Health & Beauty

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## Faze away all that stress with an Aroma massage!

**Laura's**  
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at The Hair Studio, Llantwit Major.

**10% OFF**Aroma Back, Neck & Shoulders or Aroma Essence Facial.  
Until Saturday 16th October

Tel: 07785 931357

## The Velvet Touch is here for clients old and new

**T**RACEY of The Velvet touch, Rhoose, may have left Rhoose, but is still treating clients old and new and is

now based at Highlight Park, Barry.

Tracey is also offering pamper parties and tanning treatments in the comfort of your own home.

## EASYLINE is the new fun way to get fit!

**Y**OU can get a full body work-out in just half an hour in the new EASYLINE suite at Cowbridge Leisure Centre.

Containing a circuit of exercise stations and machines that are ideal for all ages, the EASYLINE suite is a really fun new way to get fit.

EASYLINE classes

for men and women are held Monday to Friday, while you can push yourself to the limit at EASYLINE Extreme classes!

EASYLINE suites can also be found at the leisure centres in Barry and Penarth.

You can find out more about them and other fitness classes, gym membership and more online at [www.valeofglamorgan.gov.uk/lifestyle](http://www.valeofglamorgan.gov.uk/lifestyle)

## EASYLINE

CIRCUIT TRAINING WITH STYLE

NEW  
AT COWBRIDGE LEISURE CENTRE

**LIFESTYLE**  
HEALTH & FITNESS

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**L**AURA has more than four years' experience in holistic and beauty therapies.

She only started the business a few months ago, but has already expanded her client base in Llantwit Major and the surrounding area by offering a wide range of treatments at competitive prices.

Mums! Now the kids

are back at school, why not have some 'me time' and take advantage of the special offers available? Ease away your stresses with an Aroma back, neck and shoulder massage, or rejuvenate tired skin with an Aroma Essence Facial, using essential oils to help balance mind and body;

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Call 07785 931357  
for an appointment.

elastin resulting in firmer more youthful looking skin.

It is ideal for acne scarring, fine lines and wrinkles, ageing skins, dry dehydrated skin, pigmentation and blemishes.

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**R**ECLINER chairs, wheelchairs, scooters, bath lifters, walking sticks, daily living aids...

Dolphin Independent Living has its range on show at its mobility showroom.

During the past nine years, Dolphin Lifts (South Wales) Ltd has gained a strong client base through reliable, friendly service and

experienced engineers.

The showroom is a natural progression for Dolphin, giving the opportunity to provide the public with daily living aids, from kitchen utensils to scooters, all with the service you would expect from us.

If you have any questions, would like to receive a brochure or book an appointment, call our freephone number 0800 093 2293, contact [j.pearce@dolphin-lifts.co.uk](mailto:j.pearce@dolphin-lifts.co.uk)

## DOLPHIN

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Email: [info@dolphin-lifts.co.uk](mailto:info@dolphin-lifts.co.uk) [www.dolphin-lifts.co.uk](http://www.dolphin-lifts.co.uk)

## Great benefits of owning a cat

**H**AVE you ever considered an older cat, instead of a kitten or a companion?

Medical research has indicated stroking a cat can relieve stress and lower blood pressure.

We have a number of cats looking for loving homes, aged from six months to eight years old!

Even a cat of eight years would have approximately another 10 years of life, which might suit a much older person and give loving companionship.

All our cats have been neutered and microchipped. Some are a little nervous as they are used to older people

who might have had to give them up to go into homes themselves, leaving their companion behind. These would adapt to a quiet, loving home environment.

Currently, we have an abundance of cats who are desperately in need of a new family or people to care for them.

For an appointment or further information, please telephone Maesteg Animal Welfare Society on 01656 721496, 01656 653456 or 01656 667463. Please leave a message on our answerphone if we are not available.

If you have any donations, bric-a-brac or any unwanted items, please call our shop on 01656 738977 / 721496.

**Warning to readers:** please ensure that you consult your GP before agreeing to any health treatment, if you are in any doubt.

### MAESTEG ANIMAL WELFARE SOCIETY

Kittens, young and older cats – All needing a new family!



All cats have been neutered and microchipped  
Tel: (01656) 721496

All our work is funded by Charity Shops. We sell bric-a-brac, books, clothes and all items of furniture and we can collect.

Tel: 01656 737827, or 01656 653456  
[www.maesteganimalrescue.co.uk](http://www.maesteganimalrescue.co.uk)

Anybody who wants clothes collecting, please contact the above telephone numbers

## Warm welcome at Fontygary Leisure Park

**K**IDS back in school, time on your hands? Then why not join us at The Bay Health Club in Fontygary Leisure Park?

With no contract to sign, it is easy to just pay over the counter each month – there are no hidden charges!

This gives you the flexibility to come and go as you wish (we also offer a pay-as-you-go facility).

We have two amazing new cross trainers (one seated) that no-one in Wales has yet purchased; a vibro-gym (like the

celebrities use), a separate free weights room with sauna, jacuzzi and steam room. Also, don't forget to use our 25m indoor pool.

If you have never used a gym before, you don't have to feel intimidated as our staff are on hand to show you exactly what to do and how each piece of equipment works.

We offer a warm welcome to everyone. Don't take our word for it, why not come down and see for yourself or call Jennie or Mark on 01446 710386.

Remember, you do not have to be a member of the gym to use the pool or enjoy our facilities.

## CHRISTMAS is coming ...

Join the



## Bay Health Club at Fontygary Park, Rhoose NOW!

### WHY?

- Fully Equipped Gym
- Separate Free Weights Room
- 25m Pool
- Leisure Suite with – Sauna/Steam Room/ Jacuzzi/Vibro-gym
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Novices and Fitness Fanatics Welcome!

**WHY? FOR YOUR HEALTH & WELL-BEING – NO CONTRACT TO SIGN NO JOINING FEE MEMBERSHIP FROM ONLY £25.00 PER MONTH**

### HOW?

BY DIRECT DEBIT or \*MONTHLY PAYMENTS OVER THE COUNTER

**WHEN? NOW – IT ONLY TAKES A FEW MINUTES TO CHANGE YOUR LIFESTYLE AND IMPROVE YOUR HEALTH!!**

For further information please contact **Jennie on 01446 710386** or why not just pop down and have a look around? We are confident that you will like what you see ...

\*Initial £5 admin fee for over the counter payments

## Facing up to change

**A**RE you at a crossroad in your life? I am a GP and a successful NLP life coach.

We all face changes in circumstances in our lives and sometimes struggle to deal with these. I offer people the skills to deal with emotional challenges that they face and support

them to feel emotionally stronger and to achieve their dreams!

One client commented: "My life is now amazing – it's been a really fantastic journey and I am now clear about what the rest of my life's goals are. I would definitely recommend Bridget to others."

Call Dr Bridget Kirsop, One Life-Coaching on 07973 635102

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# Duplass brothers' comedy shows some real heart along with the laughs

DESPITE his serious acting reputation, John C Reilly has been more than willing to give his funny bone a good exercise in recent weeks.

Having been directed by the likes of Martin Scorsese, Robert Altman and P T Anderson, Reilly's recent films have been of a more comedic bent. Having shown a wonderful sense of comic timing in 2006's *Talladega Nights*, Reilly has since toplined *Walk Hard* and *Step Brothers*, while his latest film, *Cyrus*, sees him return to the comedic well once more.

Reilly plays John, a divorcee who meets Molly (Marisa Tomei) at a party and their relationship starts to blossom. However, when Molly's son Cyrus (Jonah Hill) appears on the scene, John suddenly finds that he may not be quite so accepting of their relationship. With the battle lines drawn, with John on one side and Cyrus on the other, who will win out in the battle for Molly's affections?

If you've seen the trailer for *Cyrus*, you may have been led to believe that the film was a Judd Apatow-esque comedy that is aimed squarely at the comedic solar plexus; sadly, the

marketing bods have got it wrong again, as the film is a far more considerate and thoughtful piece of work, balancing laughs with reality and ending up as being a highly enjoyable piece of work.

That the film is more than just a collection of jokes is down to the Duplass brothers, Jay and Mark, who were figureheads of the early noughties' mumblecore movement, where films were made on low budgets, using improvisation instead of scripted dialogue and making the film low-key.

It is an attitude they apply and one that by and large works very well, the improvisation and rooting in reality of the characters and their situations feeling unforced and naturalistic.

Certainly, the characters suffer from a lack of development and background, but it is the lack of forced comedy that comes through, the humour deriving from the situations as opposed to trying to concoct comedic set-pieces that detract from the realistic edge the brothers are after.

Their attitude to direction is obviously the same as their attitude to scripting – minimal fuss, no bells and whistles, just a desire to root things in reality, and their use of hand cameras and close-

ups lends itself superbly, giving the film an intimacy that the pared-down visuals accentuate. Its roots in real world ideology means that while the jokes are more natural, the more dramatic moments similarly work well.

The brothers draw strong turns from the three main cast members, Jonah Hill standing out superbly with his turn as the son who wants to make sure his mother's burgeoning relationship with John doesn't get off the ground.

Hill has made his name in broad comedies such as *Superbad*, and while his turns in these may peg him as being a one-note performer, here he shows hitherto unseen levels of drama.

It would have been easy for Hill to overplay the part and try to emphasise the comedy element, but instead he underplays it, revealing Cyrus' layers as the film moves on.

Alongside him, John C Reilly delivers a wonderful performance as the lovelorn loser whose world suddenly seems that much brighter once he meets Molly.

Reilly is hardly on foreign territory here, but he brings a strong sense of character to the role, capturing his sadsack personality to great effect. Marisa Tomei is equally as good, caught up in the middle of the warring

## SCREEN TALK



by GARETH JAMIESON



## AIR CADETS JOIN BATTLE OF BRITAIN PARADE



RECENTLY, Air Cadets from 372 (Barry) Squadron were proudly on parade at the Memorial Hall cenotaph, to commemorate the 70th Anniversary of the Battle of Britain.

While the set-up and execution are hardly unusual, the brothers' approach to the film and their stylistic, or lack of, touches make this far more than just your run-of-the-mill comedy.

While it shares a similar love for the heart that has become the exclusive proclivity of Judd Apatow's work, *Cyrus* shows that if the Duplass brothers want, they can be just as influential with their work.

Given, though, that their previous films have dealt with subject matter like buying a chair from eBay like a character's father once had and a film about

making a horror film, where the villain is a man with a bag over his head, their next outing may well be more wilfully obscure.

However, their skill

here means their next move may be far higher profile than they've come to expect, and

*Cyrus* is the reason for that.

**VERDICT:** A first mainstream outing for Mark and Jay Duplass, and a huge success. *Cyrus* is a wonderful film that balances laughter with pathos and creates a strong piece of work.

With superb performances across the cast, this may well be the film that the Duplass' can use as their calling card. Recommended.

factions and shows the struggle of trying to move on without alienating her son well.

Never less than likeable and more than a match for Reilly and Hill, her turn is just as good as Reilly's, while well-handled support from Catherine Keener, as John's ex-wife, and Matt Walsh, as her husband-to-be, caps a strong cast.

The film's basis in reality makes it a pleasing watch, though some

may find that the constant moving camera angles and shots, and the 'independent' air that hangs over proceedings, to be somewhat diverting.

A fair point, but considering this is the Duplass' first genuine attempt to make a film that transcends their art-house origins, *Cyrus* is refreshingly different.

While the set-up and execution are hardly unusual,

the brothers' approach to the film and their stylistic, or lack of,

touches make this far more than just your run-of-the-mill comedy.

While it shares a similar love for the heart that has become the exclusive proclivity of Judd Apatow's work, *Cyrus* shows that if the Duplass brothers want, they can be just as influential with their work.

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With superb performances across the cast, this may well be the film that the Duplass' can use as their calling card. Recommended.

ER COF ANNWYL  
AM FEIBION Y BARRI  
SYRTHIODD YN Y RHYFEL  
1914 - 1918  
1939 - 1945



ABOVE:  
A young Cadet studies the wreaths.

### Casteland Communities First

#### Health & Wellbeing Information & Advice Fayre

Where: Barry Leisure Centre  
When: 29th September  
Time: 11.00am – 3.00pm

There will also be various Health Information stands and talks from the following :



- Vale Family Information Service
- Diabetes Peer Support
- Valeways
- Inroads
- All Wales Screening
- Plus many more

For more information Contact Communities First on 01446 709432



### Jane Hutt AM

Labour Assembly Member for the Vale of Glamorgan  
Contact my constituency office at:

115, High Street Barry, CF62 7DT

Tel: 01446 740981

Email: [jane.hutt@wales.gov.uk](mailto:jane.hutt@wales.gov.uk)

Next surgery:

Friday September 17  
at 115 High Street, Barry,  
CF62 7DT from 3.30 to 5.30pm.

No appointment needed

[www.janehutt.co.uk](http://www.janehutt.co.uk)



# Out and About with The GEM

## Principality supports Macmillan nurses with coffee morning



THE Principality Building Society will be joining in Macmillan's 'World's Biggest Coffee Morning' to support its 2010 Charity of the Year.

Staff at the Bridgend branch in Caroline Street and the Cowbridge branch in High Street, hope to boost the £35,000 the society has already raised for Macmillan Cancer Support this year.

*Macmillan Fundraising manager, Sue Pickin, joins Principality staff at their Mad Hatter Tea Party to raise a cup for the charity.*

### NEWS/IN BRIEF

#### Ancient history

RHOOSE and District History Society will meet at Rhoose Community Hall, Stewart Road, on Friday, September 24 at 7.30pm.

Curator of Pontypridd Museum, Mr Brian Davies, will give talk on 'Glamorgan a

Millennium Ago', illustrated with slides showing examples of how people lived long ago in the Vale of Glamorgan.

Entrance to the meeting will be free to those who have already joined the society. Visitors are welcome and will be charged £1 for adults and 50p for under-16s.

#### Tea and crafts

TEA and cakes and crafts will be available in St Hilary Village Hall from 3pm-5pm on Sunday, September 19. Telephone Monica for more details on 01446 775186.

#### Valeways walks

ON September 19, 2pm St Hilary the Roman Way starts at St Hilary Church, St Hilary.

On September 26 at 2pm, Transport walk, starting at Porthkerry Park, Barry, café car park.

## Dinas Powys jumble sale

*ST PETER'S Women's Fellowship are holding a jumble sale at St Peter's Church Hall, Mill Road, Dinas Powys on Saturday, September 25 at 2pm.*

As well as a wide range of nearly new clothes, books, toys and interesting bric-a-brac, refreshments (including homemade cakes) will be available!

All proceeds from this jumble sale will go towards the purchase of a new carpet for the church hall.

The leader of the Women's Fellowship, Beattie French, told The GEM, "Our church hall is used nearly every day by St Peter's pre-school playgroup; and in the evenings by the

Rainbows, Brownies, Guides, the Trefoil Guild, the Women's Fellowship, the Welsh Society and for many other parish and community activities.

"It is also available for children's parties. The existing carpet has served St Peter's Church well for many years but is now becoming worn and difficult to keep clean.

"The members of the Women's Fellowship, which is open to all, decided that they would like to raise money to replace it."

If you have any jumble, (no electricals!) please bring it to the church hall on the evening of Friday, September 24, or on the Saturday morning at 9am.

## WELSH MUSICIANS RALLY TO SUPPORT AIR AMBULANCE

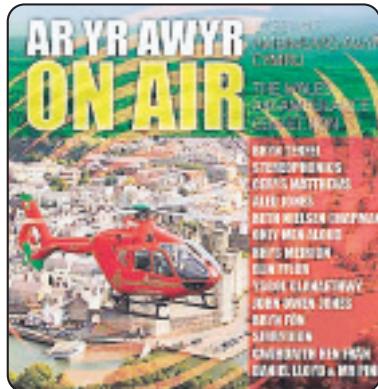
**WALES** Air Ambulance is launching its own CD, thanks to musicians from across Wales.

Stereophonics, Cerys Matthews, Bryn Terfel, Only Men Aloud and many more feature on the album, contributing a mix of English and Welsh-language songs for the lifesaving charity.

Nashville singer and songwriter Beth Nielson Chapman, a big fan of Wales, also appears on the album with her song 'Durred'; recorded at Stiwdio Sain with renowned harpist Gwenan Gibbard.

Artists' support flooded in, and recording studio Sain came on board to help produce the album. Chief executive Dafydd Roberts said: "This has been an exciting project from start to finish, and for a very worthy Welsh cause.

"There is nothing like it out there that solely encompasses Wales,



with both Welsh- and English-language songs from Welsh artists. This is a very special compilation."

All proceeds from the album, titled On Air, will be donated to Wales Air Ambulance to help keep the helicopters flying. The charity needs to raise more than £5 million every year to operate the service.

### Sponsored charity walk

**THE Barry committee of Cancer Research UK Cymru has organised a sponsored walk on Sunday, October 3.**

*It will start from the Cardiff barrage car park, Penarth at 11am and then continue around Cardiff Bay.*

All are welcome and anyone who wishes to take part can obtain sponsorship forms from Dawn Jacques on 01446 743506 after 6pm.

### Gathering Place for fun

**THE Gathering Place in St Athan hosts a fun day on Saturday, September 18, from 12pm-4pm.**

*People can bring a picnic and take part in activities, including fun with the Pulse team, a bouncy castle, a gladiator duel, football and refreshments.*

## School in Session

**VISIT St Clare's School in Porthcawl on a typical working day at the start of a new term.**

Bridgend's premier independent school is hosting a 'School in Session' open event on Friday September 24.

This informal event is open to parents who are interested in their children attending the School or sitting the scholarship assessments later in the term.

There will be an opportunity to meet the new headmaster, John Aguilera, and to join a tour of the School conducted by members of our sixth form or our year 6. Please contact the School on 01656 789963 to confirm your place.

## OCEAN LOUNGE PORTKERRY

**OPEN - SATURDAY & SUNDAY LUNCHTIMES, WEDNESDAY, THURSDAY, FRIDAY, SATURDAY & SUNDAY EVENINGS**

### LIVE ENTERTAINMENT

**Friday 17th September KARAOKE Starts 8 pm**

**Saturday 18th September MATT CARLSON Vocalist - Starts 9 pm Plus BINGO**

**Friday 24th September JORDAN SUMMERS Female Vocalist - Starts 8 pm**

**Saturday 25th September RICHARD BEAVIS 'The Welsh Balladeer' Dynamic Vocalist Starts 9 pm Plus BINGO**

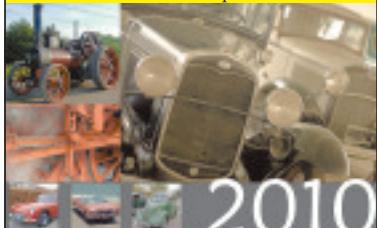
**Every Thursday: Curry and a Pint £5.99 7-9pm - Quiz from 8.30pm**

**FOOD SERVED Great Value menu from only £4.99 Traditional Sunday Lunch served 12-3pm from only £6.95**

**Tel. 01446 710362/711538**

## South Wales Steam & Vintage

Sat 18th - Sun 19th September



Over 200 Vintage Cars and other Vintage memorabilia

A display of: Traction engines, Stationary engines, Classic & Vintage Cars, Narrow Gauge Railway, Chainsaw Sculptor, Other vintage memorabilia. Accompanied by craft stalls and a host of family entertainment Come and meet Real Radio's Barry the Bassett.

Adults £5 - Children £3  
1 Child FREE per paying adult

At Romilly Park, Barry  
See our website for full details  
[www.steamandvintage.co.uk](http://www.steamandvintage.co.uk)

## Bont-Faen COWBRIDGE

**Gwyl Fwyd a Diod FOOD & DRINK FESTIVAL 30-31 Hydref OCTOBER 2010**

Amazingly fun foodie weekend for all the family!

See the website for further details on exhibitors, demos, entertainment and so much more.

[www.cowbridgefoodanddrink.org](http://www.cowbridgefoodanddrink.org)

## St Clare's School



Independent, co-educational 2½ - 18 years Tel: 01656 789963 Email: [info@stclares-school.co.uk](mailto:info@stclares-school.co.uk)



### SCHOOL IN SESSION

Friday 24th September 2010 Internal event - bookable sessions with loan

### NURSERY OPEN MORNING

Thursday 7th October 2010

### OPEN DAY

Thursday 4th November 2010

### SCHOLARSHIP ASSESSMENT EVENT (YEARS 5 - 10)

Saturday 20th November 2010

[www.stclares-school.co.uk](http://www.stclares-school.co.uk)

## Army Cadet Force open for business



**NEW detachment commander S/Sgt Instructor Steve Wood and Sgt Instructor Cerys Duroe pose outside the Barry Army Cadet Force hut (left) before the first parade night of the new season.**

**The ACF is on the lookout for new recruits, aged 12 years and starting year-8 in school.**

**The cadets meet every Thursday between 7pm-9pm.**

## News from Penarth Computer Club: Gadgets and software get the once-over...

**THERE is an old saying: 'Nothing is as permanent as change' which has never been truer than in the world of technology.**

Anyone who has not spent the last year in a cave must have heard of HD (High Definition) TV and 3D cinema. Digital cameras can take high-resolution pictures and record high-definition video.

The Apple iPhone 4 is available, along with a staggering range of over 200,000 Apps, (the little software gadgets that can be added to your phone). There are thousands of other Apps, available for other manufacturers, phones as well. I recently saw one App used to identify an aircraft in flight. Locate an aircraft and individual flights are shown on a map display in real time.

Any flight can be identified from regularly updated information transmitted to the control tower. The information is displayed, along with a picture showing the type of aircraft. Impressive.

Apps make use of sensors

already installed. Those used to keep the picture on the screen the right way up can also be used to drive a spirit level App.

Radio and TV programmes can be picked up later from, say, the BBC website and watched on a computer or a mobile phone.

Mobile phones can take pictures and email them around the world in seconds and computers can make telephone calls. Convergence, as it is called, will make it hard to decide if what you are using is a telephone, camera or computer.

A computer used to fill a room; then a wardrobe; then a cabinet; then box on a desk before becoming a laptop. They are now reduced to notebook or netbook computers. As they have reduced in size they have increased in speed capacity and reliability.

We used to look at photographs using a slide projector. Now we have home cinemas where the computer can display the pictures or send them to a projector for larger display but not just still pictures; films from DVDs or video cameras as well.

It will soon be commonplace to

use your computer to connect to a website and choose any film from thousands and watch it in your home cinema at any time. With a home network, the listening or watching is independent of the location of your entertainment centre.

You can already download thousands of books to your electronic book reader; carry them all with you and read them at your leisure. Oh yes; and the software is constantly developing as well, so more things can be done and will be done. It is all intended to make life easier and more enjoyable.

We might be fascinated by the concept of all this development, but need help to get the benefit. That's why the club members get together.

*The next meeting is on Tuesday, September 28 at All Saints Lesser Hall, Victoria Square, Penarth at 7.30pm. Steve will show how to control your computer's appearance. For more information telephone Howard on 029 20708439. HD*

use your computer to connect to a website and choose any film from thousands and watch it in your home cinema at any time. With a home network, the listening or watching is independent of the location of your entertainment centre.

### THE VALE OF GLAMORGAN COUNCIL (BARRY HOSPITAL / YSGOL GYFUN BRO MORGANNWG SCHOOL, COLCOT ROAD, BARRY (PROHIBITION OF WAITING AT ANY TIME) (AMENDMENT) ORDER 2010

The Vale of Glamorgan Council in exercise of its powers under Sections 1 and 2 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than twenty one days from the date of this Notice to make an Order the general effect of which is as described in the schedule below:

Full details of the proposals, to include the proposed Order and plan N/10/60/CEP may be inspected at the Vale of Glamorgan Council at the address shown below during normal office hours and any objections you may have to this proposal must be submitted to the Head of Visible Services (Ref. IF620) in writing by 7th October 2010 and must contain the grounds upon which you object.

Persons objecting to the proposed Order are advised that in view of the Local Government (Access to Information) Act 1985 this Council is legally obliged to make any comments received in response to the proposed Order open to public inspection.

#### SCHEDULE

Amend

**The Vale of Glamorgan Council (Barry Hospital / Ysgol Gyfun Bro Morgannwg School, Colcot Road, Barry) (Prohibition of Waiting) Order 2002 .**

In Schedule 2

Paragraph 1 relating to Colcot Road delete the figure 18 and insert the figure 97.

Dated this 16th day of September 2010.

M. Punter  
Head of Visible Services  
Vale of Glamorgan Council, The Alps,  
Wenvoe CF5 6AA

### GORCHYMYN CYNGOR BRO MORGANNWG (DIWYGIEDIG) (GWAHARDD AROS AR UNRHYW ADEG) (YSBYTY'R BARRI / YSGOL GYFUN BRO MORGANNWG, COLCOT ROAD)

Mae Cyngor Bro Morgannwg, gan arfer ei bwerau o dan adrannau 1 a 2 Deddf Rheoli Traffig 1984 (ddiwygiedig), a phob p\_eir galuogi arall, yn bwriadu gwnheud Gorchymyn ymhym a leiaf un diwrnod ar haguan ar ôl dyddiad y Gorchymyn hwn i'r dibenion cyffredinol a nodwyd yn yr Atodien isod:

Cewch weld y cynigion llawn, gan gynnwys y Gorchymyn arfaethedig a chynllun T/10/60/CEP yng Nghymru Bro Morgannwg, yn y cyfeiriad isod, yn ystod oriau arferol swyddfa. Dylech gyfeirio unrhyw wrthwnebiad sydd gennych i'r cynnig i Benrhadaeth Gwasanaethau Gweladwy (Cyl. IF620) ar ffur llythrenbyrben 7 Hydref 2010, gan egluro'ch rheysmau dros ei wrthwnebu.

Os oes gennych wrthwnebiad i'r Gorchymyn, cofiwr gan y cyhoedd hawl o dan Ddeddf Llywodraeth Leol (Hawl i Wybodaeth) 1985 i weld unrhyw sylwadau sy'n cael eu gwneud, a bod dyletswydd gyfreithiol ar y cyngor i ddarparu ar gyfer hynny.

#### ATODLEN

Diywgio'r canlynol:

**Gorchymyn Cyngor Bro Morgannwg 2002 (Gwahardt Aros ar Unrhyw Adeg) (Ysbyty'r Barri/Ysgol Gyfun Bro Morgannwg, Colcot Road, y Barri)**

yn Atodlen 2

Paragraff 1 yngl\_n â Colcot Road – dilêwch rif 18 a dodwch rif 97 yn ei le.

Dyddiedig 16 Medi 2010

M. Punter,  
Penneth Gwasanaethau Gweladwy  
Cyngor Bro Morgannwg, Canolfan yr Alpuau,  
Gwenfô, CF5 6AA.

## AWARDS FOR FINE EFFORT!



ABOVE: The Mayor and Mayoress with the award-winning volunteers.

## Vale mayor thanks the volunteers in the Vale

**THE Vale of Glamorgan Mayor, Coun Colin Osborne, hosted a reception at the town hall recently, to present awards to Vale volunteers in appreciation of the time and effort they give to local organisations.**

**There were five award categories – adult volunteer of the year, young person's volunteer of the year, trustee volunteer of the year, star volunteers and millennium volunteers, which**



ABOVE: Receiving a 'cheque' underlining the value of volunteering in the Vale.

awarded 10 young people with certificates for their commitment to volunteering. The overall winner was Mr Frank Learner. Coun Osborne was presented with a 'cheque' for £25,653,586, signifying how much the Vale Volunteer Bureau estimates volunteering is worth to the Vale.

Coun Osborne said: "It is important to have events like this to record our appreciation for all the hard work undertaken by volunteers for the benefit of the community."

### BARRIVALE BRIDGE CLUB NEWS

**THE latest results from Barrivale are as follows:**

**Tuesday, September 7 – First were Graham Jones and Irene Thomas with 59 per cent. In second were Mick Green and Tim Barsby (57.5 per cent), and third were Mark Roderick and Mike Close (56.5 per cent).**

**NIT 'n' Natter at Bron-y-Graig (next to the church hall, St Brides Major) starts on September 21.**

**Further information from Patsy Hartnell on 01656 880387. A YOGA class is starting at the church hall, St Brides Major at 7pm-8.30pm.**

MB

### COMMUNITY NEWS ST BRIDES MAJOR

**Your local correspondent is Patricia Bevan-Morgan (01656) 880418**

**DID you follow the Sunday, September 12 Trail at the weekend? It was a great success with lots of different crafts on show. What talent there is in the locality!**

**The auction in the evening at the church hall was great fun. A big thank you to all who worked so hard to make this enterprise such a success.**

**THE local produce market takes place on Saturday, September 18 at 10am at the church hall, St Brides Major, together with tea and chat.**

**STARTING back – art class at the church hall on the second and third Fridays at 1pm from Friday, September 17.**

**NIT 'n' Natter at Bron-y-Graig (next to the church hall, St Brides Major) starts on September 21.**

**Further information from Patsy Hartnell on 01656 880387. A YOGA class is starting at the church hall, St Brides Major at 7pm-8.30pm.**

**For further information, contact salimallyoga@gmail.com or call 07404 749465.**

**THE baptism took place at St Bridget's on**

### COMPUTER LESSONS

**ATLANTIC COLLEGE is hosting a free computer club for the over-60s on Wednesday afternoons, from 2pm-3.30pm.**

**It is run by Vivian Beck, who explained: "We started the computer club last year with seven older people and seven students from the college."**

**"Most of the older people were complete beginners and it was lovely to see their confidence grow."**

**The computer club will resume on Wednesday, September 22. Telephone 029 2052 7193 for more information.**

# Investing in People at Holton Primary School



Holton Primary School started the new academic year off with a celebration.

The school has now been an 'Investor in People' for more than 10 years.

Mr Gilbert, the school's headteacher, was delighted to receive the certificate demonstrating the school's achievement.

He said: "This is a fantastic achievement, demonstrating an ongoing dedication to people and a commitment to continuous business improvement."

## Gas leak closes pool

THE swimming pool at Penarth Leisure Centre was closed on Tuesday following a gas leak, which resulted in there being no hot water in the building.

A Vale Council spokeswoman said that all other facilities at the leisure centre were not affected, with the LifeStyle fitness studio, main hall and creche remaining open, and dry-side fitness classes carrying on as normal.

The pool was expected to remain closed for 10 days.

## Vale MP to hold advice surgeries

VALE MP, Alun Cairns, will be holding surgeries for advice and assistance on Friday September 24, at the following locations: 1pm-2.30pm at Gibbonsdown Community Centre, Ramsey Road, Barry; 3.30pm-5pm at the Celtic Way Community Centre, Celtic Way, Rhoose.

Anyone in the Vale is welcome to attend, but surgeries are very busy, and it is advisable to call 01446 403814 to make an appointment.

**HAVE A STORY? THEN WRITE IN!**  
• We welcome your news and other items.  
Please send them to the Editorial Department at: [ggem@internet-today.co.uk](mailto:ggem@internet-today.co.uk)

174 Holton Road  
Barry  
Vale of Glamorgan  
CF63 4HN

## PENARTH AND DISTRICT RAMBLERS

# Small village is the scene for nine-mile walk to cave

THE small village of Llangynidr which nestles beside the Brecon and Monmouth canal, and also has the River Usk flowing through with a wonderful old stone bridge that fords it, was the start point for a recent walk when eight ramblers joined leader Barrie for a 9-mile tramp to the Chartist Cave.

On a dry morning with some sunshine, they set off past an old tollhouse and encountered a group of Morris dancers visiting pubs in the area.

The group began the steep ascent to Mynydd Llangynidr, an undulating plateau renowned for limestone quarrying with larger quarries at Treffil and Blaen Onnue. They stopped for refreshments and enjoyed views of Llangynidr Lake.

Reaching the top of their climb at 557 metres

at Garn Fawr (Big Cairn), the leader explained that this was a good landmark for anyone trying to locate the Chartist Cave which is almost hidden in the landscape and can easily be missed.

Upon reaching the cave, originally called Tylles Fawr (Great Hole), the group stopped for lunch.

This cave and its hidden arsenal of pikes and other weapons played a significant part in the Chartist march to seize Newport in November 1839.

After exploring the area, it was time to follow a well-marked pathway where the group passed three other walkers who were en route to the cave and the only people they would see all day.

They faced a difficult tramp downhill over uneven ground until they reached the filter house at the head of Cwm Cleisfer, through which the Nant Cleisfer flows back down to Llangynidr.

A few drops of rain

fell as they followed the lane back to the village at the end of their walk.

On September 18, meet at 9am at Cogan Leisure Centre for an 8-mile hard walk up Hatterall Hill from the Skirrid Inn; contact Val H on 029 2051 3274.

On September 19, meet at 9am at Cogan

for an 8-mile moderate walk at Bigsweir and Newland in the Wye Valley; contact Joy on 01446 737131.

Rucksack badges, programmes and membership advice can be obtained from Pam on 029 2021 9102.

JOY STRANGWARD

## FOR SALE BY AUCTION

at THE BEAR HOTEL,  
Cowbridge CF71 7AF

Tuesday 12th October at 7.00pm

## VALE OF GLAMORGAN DETACHED TWO BEDROOMED BUNGALOW

(Agricultural & Forestry Occupation Restriction)



ALL ENQUIRIES

NEWLAND RENNIE WILKINS  
[www.nrproperty.com](http://www.nrproperty.com)

01291 626783/626775

E-Mail: [nick.hill@nrproperty.com](mailto:nick.hill@nrproperty.com)



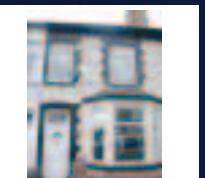
## GROVE ESTATES



**ANGLE CLOSE, BARRY**  
• Well presented 2 bedroom end link property  
• Gas central heating & double glazed Conservatory  
• Good sized gardens to front and rear  
• Stunning views over countryside  
• Viewing highly recommended  
**£120,000**



**ATLANTIC PLACE, BARRY**  
• 3 bedroom semi-detached in popular cul-de-sac location  
• Gas central heating & double glazed  
• Occupying large corner plot  
• Off road parking  
• Offered with vacant possession and no chain  
**£139,000**



**ST MARY'S AVENUE, BARRY**  
• 3 bedroom bay fronted mid terrace in central location  
• Gas central heating and double glazed  
• Ideal investment/first time purchase  
• Offered with vacant possession and no chain  
**£109,995**



**FAIRFORD STREET, (GARAGE) BARRY**  
• 2 storey coach house currently used as a garage  
• Rear yard  
• 1125 sq ft (not including rear yard)  
• Main utilities supplied  
• Planning consent for commercial use  
Offered Leasehold  
**£60,000**



**FONMON PARK ROAD, RHOOSE**  
• Well presented 3 bedroom detached property in semi rural location  
• Gas central heating & double glazed Conservatory  
• Garage and driveway  
• Spacious and mature private rear garden  
• Viewing highly recommended  
**£170,000**



**LAURA STREET, BARRY**  
• Well very well presented 2 bedroom mid terrace in popular location  
• Gas central heating and double glazed  
• Good size rear garden  
• Double garage/workshop to rear with rear lane access  
Offered freehold  
**£112,950**



**FRYATT STREET, BARRY**  
• 2 bedroom mid terrace in popular location  
• Gas central heating & double glazed 2 reception rooms  
• Detached garage, workshop/utility room and driveway  
• Backing directly onto countryside with panoramic rural views  
• Viewing highly recommended  
**£79,950**



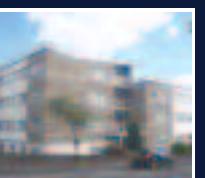
**JENNER STREET, BARRY**  
• 3 bedroom mid terrace in popular location  
• Gas central heating and double glazed  
• Newly decorated throughout  
• Ideal first time buy  
• Offered freehold with vacant possession and no chain  
**£99,950**



**WALNUT GROVE, ST ATHAN**  
• 3 bedroom end link in popular location  
• Gas central heating  
• Double glazed  
• Ideal investment or first time purchase  
• Offered freehold, with vacant possession & no chain  
**£74,950**



**QUARELLA STREET, BARRY**  
• 3 bedroom bay fronted mid terrace in popular location  
• Gas central heating & double glazed 2 reception rooms  
• Newly decorated throughout  
• Many original features remain  
• Viewing highly recommended  
Offered freehold with vacant possession & no chain  
**£119,950**



**WESTON COURT, BARRY**  
• 1 bedroom first floor flat in popular location  
• Electric heating and double glazed  
• Newly decorated and very well presented throughout  
• Communal rear garden  
• Off street private parking  
• Viewing recommended to appreciate  
Offered leasehold  
**£78,950**



**PORT ROAD EAST, BARRY**  
• 3 bedroom semi detached in sought after location  
• Gas central heating and double glazed  
• Additional loft room  
• Detached garage, workshop/utility room and driveway  
• Backing directly onto countryside with panoramic rural views  
• Viewing highly recommended  
**£229,950**



**FRYATT STREET, BARRY**  
• 2 bedroom mid terrace in popular location  
• Gas central heating & double glazed 2 reception rooms  
• Detached single garage to rear  
• In need of some refurbishment throughout  
Offered freehold with vacant possession & no chain  
**£575pcm**



**TO LET**  
• High Street, Barry - 2-3 bed flat ..... £475pcm  
• South Road, Sully - 2 bed flat ..... £550pcm  
• Lower Guthrie St, Barry - 1 bed flat ..... £450pcm  
• Merthyr Street, Barry - 3 bed house .... £575pcm  
• Bridge Street, Barry - 3 bed house ..... £575pcm  
• Greenwich Court, Barry - 2 bed house .... £525 pcm  
• Jenner Street, Barry - 3 bed house ..... £575pcm  
• Atlantic Place, Barry - 3 bed house ..... £625pcm

**APPLICATION DEADLINE: 5:00PM 22 September 2010**

To apply call the hotline, e-mail us at [HOMES4U@valeofglamorgan.gov.uk](mailto:HOMES4U@valeofglamorgan.gov.uk) or apply in writing to:  
**Vale of Glamorgan Council**  
 Legal, Public Protection and  
 Housing Department  
 Civic Offices Holton Road,  
 Barry CF63 4RU or  
**Newydd Housing Association**  
 121 Broad Street, Barry CF62 7AL

Vale of Glamorgan Council  
 Housing Association  
 Newydd Housing Association  
 Wales and West Housing Association

**CWRT HORTON, BARRY (2)**

H4U Reference F052675  
 Suitable for a single person or couple –  
 references will be required  
 • Two-bedroom flats  
 • First & second floor (no lift)  
 • Open front door  
 • Central heating  
 • Double glazing  
 • Parking  
 Rent £75.10 per week  
 including service charges

**DAWAN CLOSE, BARRY**

H4U reference F033247  
 Suitable for a family  
 • Three-bedroom house  
 • Gas central heating  
 • Double glazing  
 • Enclosed rear garden  
 • Parking  
 Rent £78.28 per week  
 including service charges

**GWYN JAMES COURT, PENARTH**

H4U reference 1007898  
 Suitable for a single person over 55 – no pets  
 • Studio apartment (GF)  
 • Gas central heating  
 • Double glazing  
 • Communal entrance  
 • Warden on-site, parking  
 Rent £100.08 per week  
 including service water and heating charges

**HAFREN ROAD, BARRY**

H4U Reference 211063  
 Suitable for a family  
 RE-ADVERTISED  
 • Three-bedroom house  
 • Central heating  
 • Double glazing  
 • Gardens  
 Rent £72.18 per week  
 including water charges

**NEWHOUSE COURT, BARRY**

H4U Reference 594457  
 Suitable for a single person, couple or small family  
 • Two-bedroom flat  
 • First floor  
 • Central heating  
 • Double-glazing  
 • Communal gardens  
 Rent £74.70 per week  
 including service charge

**OAK COURT, PENARTH (2)**

H4U Reference 925004  
 Suitable for a single person or couple over 60 (55 with medical need)  
 • One-bedroom flats  
 • First and second floors  
 • Lift  
 • Central heating  
 • Double glazing  
 • Scheme manager & alarm  
 Rent £88.66 per week  
 including service charge

**THE WATERFRONT DEVELOPMENT****REDLANDS HOUSE, PENARTH**

H4U Reference 243846  
 Suitable for a single person over 60 – no pets  
 • Studio apartment  
 • Ground floor  
 • Central heating  
 • Double glazing  
 • Warden and alarm  
 Rent £78.14 per week  
 including warden, alarm and service charges

**ARTHUR DAVIS COURT, BARRY**

H4U reference 1051281  
 Suitable for a single person over 55 – no pets  
 • Studio apartment  
 • First floor  
 • Gas central heating  
 • Double glazing  
 • Warden and parking  
 • Communal entrance  
 Rent £80.34 per week  
 including service charges

**CRAWSHAY CT, LLANTWIT MAJOR**

H4U Reference 234120  
 Suitable for a single person or couple over 60 – no pets  
 RE-ADVERTISED  
 • One-bedroom flat  
 • Ground floor with steps  
 • Walk-in shower  
 • Warden and alarm  
 Rent £96.66 p.w. inc. alarm, service & warden charges.

**EARL CRESCENT, BARRY**

H4U Reference 208585  
 Suitable for a single person or couple over 55 – no pets  
 • One bedroom flat  
 • First floor  
 • Central heating  
 • Double glazing  
 • Community alarm  
 Rent £73.76 per week inc. alarm and service charges

**FAIROAKS, DINAS POWYS**

H4U Reference 230170  
 Suitable for a single person or couple over 60 – no pets  
 • One bedroom flat  
 • First floor  
 • Central heating  
 • Double glazing  
 • Warden and alarm  
 Rent £78.14 per week including warden, alarm and service charges

**MARGARET AVENUE, BARRY**

H4U Reference 215722  
 Suitable for a family  
 • Three-bedroom house  
 • Central heating  
 • Double-glazing  
 • Gardens  
 Rent £85.36 per week including water charges

**PHYLLIS STREET, BARRY**

H4U Reference 220856  
 Suitable for a single person or couple over 55 – no pets  
 • One-bedroom flat  
 • First floor  
 • Central heating  
 • Double-glazing  
 • Community alarm  
 Rent £75.37 pw. including alarm and service charges

**ST DONANTS CL, LLANTWIT MJR**

H4U Reference 1030984  
 Suitable for a single person or couple over 60 (55 with medical need)  
 • One-bedroom flat  
 • Ground floor  
 • Central heating  
 • Double-glazing  
 • Scheme manager & alarm  
 Rent £83.80 per week including service charge

**TAPSCOTT HOUSE, BARRY**

H4U Reference 1052888  
 Suitable for a single person or couple –  
 references will be required  
 • Two-bedroom flat  
 • Second floor (no lift)  
 • Gas central heating  
 • Double glazing  
 • Communal entrance  
 Rent £79.19 per week including service charges

**TY CERRIG, BARRY**

H4U Reference  
 Suitable for a single person over 55 – no pets  
 • One-bedroom flat  
 • Ground floor  
 • Gas central heating  
 • Double glazing  
 • Parking  
 Rent £75.10 per week including service charge

Newydd Housing Association is committed to providing a safe and sustainable environment and will be asking for references or carrying out interviews with prospective tenants to achieve the full potential for this development.

All flats have lift access and the development will be gated with secured access and parking. The following properties will be available. Occupation of the properties will be phased from November 2010 to February 2011.

Four-bedroom houses	2	Three-bedroom houses	13	Two-bedroom houses	4	One-bedroom flats	9
Two-bedroom flats		42 (including two for disabled or mobility impaired applicants)					

If you meet the criteria and are registered on HOMES4U, please ring Newydd Housing Association on 01446 704316 to register your interest.

You must be a HOMES4U member to apply for any of these homes.

When bidding for more than one property you will be asked to state your order of preference. All descriptions and other details are given in good faith and are believed to be correct but any potential tenant should satisfy themselves as to their correctness.

Newydd is a charitable housing association.





Chris Davies residential sales &amp; lettings

# Award Winning Estate Agents

**The Vale's largest independent estate agent**

## Our Commitment

Chris Davies estate agents, aims to provide a superior level of customer care to make selling your home as simple as possible while achieving the best possible price.

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**01446 700007**

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chris-davies.co.uk  
**01446 711900**

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chris-davies.co.uk  
**01446 792020**



## LETTINGS

### Landlords-Leave everything to us...

Chris Davies Residential Lettings have been involved in all aspects of property management for over 21 years, so if you're thinking of letting your property you couldn't place it in safer hands!

Whether you're renting out your own home because of a temporary move, or you have a second property you wish to let out, you need to feel confident that your valuable asset is being managed by a competent, professional and experienced letting agent.

Our full membership of ARLA (The Association of Residential Letting Agents) and the TDS (Tenancy Deposit Scheme), ensures you receive a leading service backed by expert knowledge and current legislation.

For expert landlord advice contact:  
**linda.gregg@chris-davies.co.uk**  
**01446 713004 07847 888 730**



49 Murlande Way, Rhoose - £450 pcm  
Fully furnished, refurbished, 3 bed house.

9 Mount Pleasant, Barry - £475 pcm  
Unfurnished 2 bed ground floor apartment.

26 Starling Road, St Athan - £475 pcm  
Unfurnished 2 bed mid link house.

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# Amelia Trust's harvest festival weekend brings the crowds to a favourite charity

THE Amelia Trust Farm is established as one of the Vale's favourite charities, and this was proved by the number of visitors that came to its recent open weekend to celebrate its harvest festival.

Volunteers were selling fresh farm produce, and there were, of course, plenty of fun things for the children to do!

## PHOTOGRAPHS by GLYN EVANS

Other pictures are available from this event.

Pictures can be purchased by contacting:

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ABOVE and BELOW: There were karate demonstrations for the visitors to see.

# VALE ATHLETES DO THEIR BIT - BUT IT'S NORTH WALES WHO TAKE THE SPOILS!

**12th Welsh Inter Regional Track & Field Championships • Cardiff International Sports Stadium**

Report by PETER MORRIS Photographs by IAN DIXON

VALE athletes, competing at the final Welsh outdoor domestic track and field fixture of the summer – the 12th Inter Regional championships – will have left the Cardiff International Sports Stadium, this year's venue, with a variety of emotions.

For those who competed for south Wales at the 2009 event at a very wet Swansea University track, there will have been disappointment that, after surprisingly winning the overall points title for the first time in 11 attempts in the backyard of their biggest rivals, west Wales, there was no second consecutive victory.

The west Wales team, guided by Dr Hedydd Davies, were simply better organised, and fielded more athletes in this two athletes per individual event competition and were well worth their clean sweep of all three trophies – men's points, women's points and overall points.

It is true that the south Wales under-20 team, and to a lesser extent the east Wales team, were affected by an unusual clash of fixtures.

The Cardiff AAC under-20 team, which also included under-17 athletes, was involved in a National Junior League Midland promotion match at Derby, with the result that a number of top youngsters, plus their team manager, Mrs Debbie Bull, were competing there rather than in Cardiff.

Although Barry Road resident Mrs Bull selected the under-20 men's team, she was missed from her usual team manager role at the inter-regional.

To win at this event, you have to field a good number of senior athletes (over 20) – easy to say, more difficult to achieve.

The two Vale 'seniors' who set new championship records on the day certainly had differing emotions. Both Brett Morse, the former Stanwell and St Cyres pupil, who is now the UK No 1 discus thrower, and Lianne Clarke, who showed real promise with the javelin as a pupil at Cowbridge Comprehensive, had competed at the McCain's UK Challenge final at Leckwith on the previous day.

Morse had won with a throw of 60.62 metres, not far off his season's best, and Welsh record, of 63.35 metres, while Clarke set a season's best of 51.11 metres with the 600 gram javelin to finish second, a performance which will have heartened her and her fan group.

At the inter-regional, understandably, they were below their Saturday best. Morse, a consistent record-breaker at this competition in recent years, added nearly two metres to his 2009 best with a throw of 56.41 metres while Clarke produced a 47.37 metres effort to add nearly a metre to her own championship mark, set in 2004.

While both athletes can take pride in those achievements, Morse can continue to train hard as he prepares for his first Commonwealth Games, in Delhi in October, while Clarke has missed out for a second successive Games and must now turn her thoughts and training towards Glasgow in 2014.

There were five other Vale athletes who claimed wins in the maroon and white colours of south Wales.

Barry Comprehensive sixth former Curtis Mathews must be a joy for any team manager. His combined events background means that he is a potential quality performer in half a dozen events. Here, he did duty in the 100m, high jump, long jump, shot and discus, claiming top three spots in all but the high jump, and winning the discus with a, by his own standards, modest distance of 37.86 metres.

While Brett Morse and Lianne Clarke are established performers, there are high hopes for Mathews in the years ahead.

There were no Vale winners in the under-17 men's section, but Llantwit year-10 Lucy Taylor made the most of the occasion to win the women's long jump with an encouraging best of 4.92 metres.

In the under-15 section, the Stanwell duo of sprinter Tom Williams and thrower Matteo Holmes have impressed throughout the summer, and the year-9 pair continued their success at the inter-regional.

Williams claimed a sprint double, and ran a leg for the victorious South 4 x 100 squad but was beaten by old rival Lloyd Robbins (North) in the long jump, while Holmes claimed a discus/hammer double with distances which may have disappointed in the hammer, but given pleasure in the javelin.

It was a delight to see three more Vale javelin throwers competing. Simon Bull surprised himself with victory in the senior men's age group with Fearghas Gough (Stanwell) taking second in the under-20s and tough-as-teak Scott Hewins (Llantwit) finishing third at under-17.

Two Cowbridge year-8 pupils, competing for the under-15 teams, certainly had mixed fortunes.

Annabel Curle, the South Wales Regional Schools under-13 cross-country champion, has been stuck on

the 1.40s height in her high jump, but here cleared 1.50 metres for second place, while her school-mate, George Griffiths, the Aviva UK Sportshall under-13 standing long jump champion, cleared 1.60 metres in the high jump, for third place, but had the misfortune to have three no jumps in the long jump, the event where he would have hoped for a better placing.

In the endurance events, Barry Comprehensive year-9 Matthew Collins hacked another chunk off his 800 metres time with a 2:04 clocking, and added further encouraging performances in the 400 metres and relay, while two year-10 pupils, Matthew Edwards (Barry Comprehensive) and Rory Heslop (Bro Morgannwg), who have made their mark over the country, must be wondering what might have been achieved had they taken the 1,500 metres steeplechase event seriously at the start of the season.

Next year's inter-regional event will be hosted by North Wales, possibly at Connah's Quay.

South Wales Region would like to say a big 'thank you' to Llantwit-based Mrs Julie Jones (Cardiff, under-20 men) and Mr Fred Malkin (Barry & Vale, under-17 men) for helping as team managers.

Results of Vale athletes: **Senior men** – 110H (-0.9); 3 Derek Osborne (East Wales) 20.66; 4x400: 3 South Wales 3:39.22 (Gareth Hopkins, Hywel Jones, Dafydd Jones, Tom Phillips); HJ: 4 Derek Osborne (East Wales) 2.90; SP: 2 Brett Morse (South Wales) 14.18; 4 Simon Bull (South Wales) 11.37; DT: 1 Brett Morse (South Wales) 56.41 CBP; 5 Simon Bull (South Wales) 31.96; HT: 3 Brett Morse (South Wales) 35.61; JT: 1 Simon Bull (South Wales) 48.32; 4 Derek Osborne (East Wales) 32.38.

**Team:** 1 West Wales 131; 2 North Wales 130; 3 South Wales 128; 4 East Wales 118.

**Junior men** – 100 (-2.7): 3 Curtis Mathews (South Wales) 11.73; 200 (0.6): 7 Tom Phillips (South Wales) 24.79; 800: 3 5 Dominic Farr (South Wales) 2:04.45; 3,000: 2 Kyle Garrison (South Wales) 13:08.37; 400H: 3 Tom Phillips (South Wales) 60.50; 4x100: 3 South Wales 45.88 (Dominic Farr, Oliver Trotman, Tom Phillips, Gareth Hopkins); HJ: 4 Oliver Trotman (South Wales) 1.80; 5 Curtis Mathews (South Wales) 1.75; LJ: 2 Curtis Mathews (South Wales) 6.57; 4 Sam Bunkham (South Wales) 5.43; TJ: 4 Sam Bunkham (South Wales) 11.69; SP: 2 Curtis Mathews (South Wales) 13.00; 3 Oliver Trotman (South Wales) 10.06; DT: 1 Curtis Mathews (South Wales) 37.86; HT: 4 Kyle Garrison (South Wales) 14.31; JT: 2 Fearghas Gough (South Wales) 44.19; 6 Kyle Garrison (South Wales) 26.81.

**Team:** 2 South Wales 127.

**Under-17 men** – 1,500Sc: 2 Matthew Edwards (South Wales) 4:56.89; 5 Rory Heslop (South Wales) 5:14.03; SP: 3 Sam Norman (South Wales) 10.97; JT: 3 Scott Hewins (South Wales) 44.64; 6 Sam Norman (South Wales) 30.00.

**Team:** 2 South Wales 166.5.

**Under-15 boys** – 100 (-3.0): 1 Thomas Williams (South Wales) 12.020; 200 (-1.0): 1 Thomas Williams (South Wales) 24.06; 400: 4 Matthew Collins (South Wales) 56.88; 800: 2 Matthew Collins (South Wales) 2:04.21; 5 Jake Bosza (South Wales) 2:22.09; 4x100: 1 South Wales 48.00 (Tom Williams, James McLean, Adrian Lawrence, Matthew Collins); HJ: 3 George Griffiths (South Wales) 1.60; LJ: 3 Thomas Williams (South Wales) 5.78; George Griffiths (South Wales) nj; DT: 1 Matteo Holmes (South Wales) 29.63; HT: 1 Matteo Holmes (South Wales) 35.530; JT: 1 Matteo Holmes (South Wales) 42.93; 2 Tom Adams (South Wales) 35.02.

**Team:** 2 South Wales 116.

**Senior women** – 100 (-4.0): 5 Samantha Gamble (South Wales) 13.20; JT: 1 Lianne Clarke (South Wales) 47.37 CBP.

**Team:** 2 South Wales 74.

**Under-17 women** – 100 (-1.7): 6 Ellie Carter (South Wales) 13.85; 300: 4 Ellie Carter (South Wales) 47.51; 1,500: 3 Fiona Bray (South Wales) 5:39.81; 3,000: 3 Caitlin Bryant (South Wales) 12:13.35; 4x100: 3 South Wales 53.74 (Phillips, Lewis, Ellie Carter, Roberts); LJ: 1 Lucy Taylor (South Wales) 4.92; SP: 3 Sarah Herbert (South Wales) 8.30; 6 Ellie Carter (South Wales) 6.72.

**Team:** 2 South Wales 151.

**Under-15 girls** – 100 (-2.3): 7 Chelsea Siirak (South Wales) 13.74; 800: 2 Lucy Tarrant (South Wales) 2:32.88; 4x100: 3 South Wales 54.39 (Isobel Hughes, Lara Durrani, Chelsea Siirak, Emma Johnson); HJ: 2 Annabel Curle (South Wales) 1.50.

**Team:** 2 South Wales 131.

**Male points trophy:** 1 West Wales 603.5; 2 South

Wales 537.5; 3 East Wales 385; 4 North Wales 374.

**Female Points trophy:** 1 West Wales 564.5; 2 South

Wales 356; 3 North Wales 272; 4 East Wales 195.5.

**Overall trophy:** 1 West Wales 1168; 2 South

Wales 893.5; 3 North Wales 646; 4 East Wales 580.5.



Not a Brett Morse but good points in five under-20 events for Curtis Mathews.



Winner! Year-10 Lucy Taylor (Llantwit) in the under-17 long jump.



A very encouraging 1.50 metres clearance for Cowbridge year-8 Annabel Curle.



It was a confidence-boosting weekend for Delhi-bound Brett Morse.



Matthew Edwards (Barry Comprehensive) in the 1,500 metres steeplechase.



Oliver Trotman contributed in under-20 events and for the relay team.



ABOVE: The top under-15 boys sprinter in Wales, Tom Williams (Stanwell, No 5) on his way to victory in the 200 metres. He also took the 100 metres.



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MARRIAGE ACT 1994  
AND CIVIL PARTNERSHIP  
ACT 2004

Take notice that the above department has received the following application under the above Act from Millennium and Copthorne Hotels for The Copthorne Hotel, Culverhouse Cross, Cardiff, Vale of Glamorgan, CF5 6DH i fod yn safle cymeradwya'r gyffwr cymraeg Seremoniau Priodas a Pharteriadau Sifil.

This application and associated plans are available for public inspection between 9.00 a.m. - 4.00 p.m., Monday to Friday at the Civic Offices, Holton Road, Barry CF63 4RU.

Any person wishing to object to the grant of this approval should write to the above address giving reasons for their objection within 21 days of the date of publication of this notice.

Peter H Evans  
Director of Legal, Public Protection & Housing Services



CYNGOR BRO MORGANNWG  
GWASANAETHAU  
CYFREITHIOL, AMDDIFFYN  
Y CYHOEDD A THAI  
DEDDF PRIODA 1994 A  
DEDDF PARTNERIAETH SIFIL  
2004

Hydysair ddyr hyn fod yr adran a einwr uchod wedi defnydd o ddiwr y Ddeddf uchod gan Millennium and Copthorne Hotels ar y safle Gwasanaethau'r Cyffwr Cymraeg, Cross Cwrtwys, Caerdydd, Bro Morgannwg, CF5 6DH i fod yn safle cymeradwya'r gyffwr cymraeg Seremoniau Priodas a Pharteriadau Sifil.

Gall adolyddwr cyhoedd wylld mewn y cas a'i cylluniau cywylledig rhwng 9.00 am - 1.00 pm., dydded Llun i dydded Gwener ym'r Bwytaid Ynadus, Heol Holton, Y Barri CF63 4RU.

De ydych chi'n dynnu gwerthwnebu'r cas a hwn, dylech amser gwirthwnebaid ynglŷn â'r cyffwr rhwymedus i'r cyfeiriad uchod cyn pen 21 diwrnod ar ôl cyhoeddwr y hyblyniad hwn.

Peter H Evans  
Cyfarwyddwr y Gwasanaethau  
Cyfreithiol, Amddiffyn y Cyhoedd A Thai

**Public Notices**

**THE VALE OF GLAMORGAN COUNCIL PLANNING  
(LISTED BUILDINGS AND CONSERVATION AREAS)  
ACT, 1990**

**CYNGOR BRO MORGANNWG DEDDF CYNLLUNIO  
(ADEILADAU RHESTREDIG AC ARDALOEDD  
CADWRAETH) 1990**

NOTICE is hereby given that application has been made to the Council for planning permission for the undermentioned developments:  
HYSBYSIR trwy hyn i geisiodd gael eu gwneud i'r Cyngor am ganiatâd cynllunio ar gyfer y datblygiadau canlynol:

**Development in Conservation Areas  
Datblygiad mewn Ardaloedd Cadwraeth**

Application No:/

Rhif y cais:/

Proposal:/Cynnig:

Location:/Lleoliad:

Conservation Area:/

Ardal Gadwraeth

2010/00924/FUL

Retention of classroom block

Headlands School, St. Augustines Road, Penarth

Penarth

Application No:/

Rhif y cais:/

Proposal:/Cynnig:

Location:/Lleoliad:

Conservation Area:/

Ardal Gadwraeth

2010/00939/FUL

Renewal of 05/0154/FUL for conversion of existing roof space to flat. Demolition of existing flat roof extension to rear. Construction of small 2 storey extension to rear for first floor bedroom and ground floor kitchen/dining room also store for shop

9, Station Road, Dinas Powys

Dinas Powys

**Development that might affect the setting of a Listed Building  
Datblygiad a allai effeithio ar amgylchedd Adeilad Rhestredig**

Application No:/

Rhif y cais:/

Proposal:/Cynnig:

2010/00920/FUL

The proposal is to remove two columns from the kiosk to open up the front elevation onto the promenade. Also to remove three air vents and install three windows on the rear elevation overlooking Whitmore Bay, improving both the outlook from the unit and the view back from the beach itself.

The Promenade Cafe, The Promenade, Barry Island, Barry

Listed Building:/

Adeilad Rhestredig

Affecting Seafront Wall, Barry Island, Grade II

**TOWN AND COUNTRY PLANNING  
(GENERAL DEVELOPMENT PROCEDURE) ORDER 1995  
GORCHYMRN CYNLLUNIO GWLAD A THREF  
(TREFN DATBLYGIAD CYFFREDINOL) 1995**

**Application(s) which might affect a Public Right of Way  
Ceisiadau a allai effeithio ar Hawl Tramwy Cyhoeddus**

Application No:/

Rhif y cais:/

Proposal:/Cynnig:

2010/00912/FUL

Three new one bed flats on a vacant site adjoining the applicant's property. Covered ground level parking for 3 cars with forward movement onto and off site.

The diversion of part of a public footpath with the improvement of the path's surface, new lighting, new handrails and the clearance of overgrown vegetation.

The Old Post Office, St. Brides Major

Full details (including plans) may be inspected during normal working hours for a period of 21 days in the offices of the Head of Planning and Transportation at the address given below, or via the Council's Online Applications Register at [vog.planning-register.co.uk](http://vog.planning-register.co.uk).  
Mae'r holl fanylion (gan gynnwys y cynlluniau) i'w gweld yn swyddfeidd y Pennaeth Cyffwrn a Chludiant y cyngor (gwelwch y cyfeiriad ar waedol dudalen) yn ystod oriau arferol swyddfa, am gyfnod o 21 o ddiwrnodau. Cewch eu gweld hefyd ar Gofrest Ceisiadau Ar-lein y cyngor drwy fynd i [vog.planning-register.co.uk](http://vog.planning-register.co.uk).

Dated: 16 September, 2010

Rob Thomas

Head of Planning and Transportation

The Vale of Glamorgan Council,

Dock Office,

Barry Docks,

Barry

CF63 4RT

Dyddiedig: 16 Medi, 2010

Rob Thomas

Pennaeth Cyffwrn a Chludiant

Cyngor Bro Morgannwg,

Swyddfa'r Doc,

Dociâu'r Barri,

Y Barri

CF63 4RT

**Family Notices****McNeil-Jones**

'Mike'

Brenda, Dean and Ida would like to thank their family, friends, neighbours and all who attended his funeral and for the kindness and support given at this sad time. Mike will be very much missed by all who loved him. Thanks to the Rev Norman Williams and Thomas Bros.

**Geoffrey Powell**

August 12, 2010

Jean and Philip would like to thank family and friends from far and near for the hundreds of cards and kind acts of sympathy on their sad loss of Geoff. Their generous donations have enabled £700 to be sent to each of the charities - Cancer UK and Multiple Sclerosis. He was a loving husband and great Dad, and will be greatly missed by all who were fortunate to know him.

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**2004 Mercedes C180k Sports Coupe** 110,000 miles, 6 months, tax & MOT. £6,000 07841 050392 38

**02 Ford Fiesta Freestyle 16v 1.2 3-Dr** Met Red, excellent condition, MoTd, 33,000 miles only, FSH, immobiliser & Cobra alarm. £1,400 ono 01446 732915 38

**R Ford Fiesta 3-Dr LX 1.2** Maroon, 1 year MOT, 6 months tax, good condition, sunroof. £480 ono 01446 794939 after 6pm 38

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**COWBRIDGE BOWLING CLUB NEWS**

# 'Friendly' battle of the sexes ends in victory for the men

## Junior finals day

THE annual fixture for the Barwick Cup took place last Saturday – a social game of bowls with the ladies team challenging the men.

Top honours for the men's team went to John Jones' quartet of Ron Frayling, Howard Owen, Mansel Davey, and John as skip, beating a ladies' team skipped by John's wife May. Score: Men 23, ladies 6.

Top honours for the ladies went to Sue Flower's quartet of Mary Thomas, Thelma Jones, Shirley Wilkinson and Sue as skip, beating men's team skipped by Dennis Snelling. Score: Ladies 16, men 11.

John Bradley's rink, with Lynda Wilson leading, Jan Lewis at two, Pauline McAllen at three and Joan as skip led all the way against David Jones' rink, but gave away three shots on the last end.

The result: a 20-20 draw.

On the other two rinks, Roger Barwick and Norman Wilkinson's teams had good wins, ensuring that the men retained the bragging rights for 2010. MB

**RHOOSE BOWLS CLUB NEWS**

## Finals Day sees close competition

RHOOSE bowling club held club finals on Saturday, September 4.

The opening matches were the four bowl singles games.

The men's match saw father and son in opposition. Les Parsons junior was playing his son, Darren. It wasn't Darren's day, with Les leading from the opening end, finally winning by 22-6.

The ladies' final was between Sue Dance and Jo Hopkins. This was a closer match with Sue winning by 21-17.

In the men's pairs, Mike White and Les Parsons junior faced Paul Williams and Ron Craig. A fiercely contested match saw Paul and Ron win by two shots.

In the ladies' pairs final, Anita Shears and Mo Dutton played Sue Dance and Jo Hopkins. Anita and Mo won by 20-14.

The mixed pairs saw Sue in action again, with Ron Evans as her part-

ner. Their opposition were Anita Shears and Rhodri Davies.

This was another close match with each pair taking the lead but eventually, experience came to the fore and Sue and Ron won by 15-12.

The men's two bowls singles saw Les Parsons junior in action again.

His opponent this time was Phil Watts, who won a close match.

The final match of the day was also Sue Dance's fourth final. In the two bowls singles, she again faced Jo Hopkins.

Despite leading for most of the match, Sue was surprised that Jo scored on the last few ends to draw level on the allotted 18.

An extra end was played, on which Sue managed to secure one shot to win the game.

Club president Bert Everts presented the trophies to the winners, complimenting them on the standard of their bowling.

It was also encouraging to see several new players featuring in the finals.

The club looks forward now to a visit from the Welsh bowls Commonwealth team for their final practice on Sunday, September 19. JH



With the Mayor of Cowbridge and his consort are (left to right): Jasmine Emery, Claudia Howells, Jemma Thornton and Vicky Bennett.



LEFT: Brothers Logan Lloyd (left), the winner of the Cowbridge 750 Trophy, and Max Lloyd, the under-16 champion.

## Vale Karate's British championship success

EDINBURGH'S world-famous Meadowbank stadium was once more the venue last weekend for the British Karate Championships.

Even before the event started, the already small Vale squad was rocked by the withdrawals through illness of potential medallists Sarah Morgan and Rhys Davies.

Although medal prospects looked reduced, Vale Karate got off to an brilliant start when Leah Copeland earned an impressive silver medal in the under-16 girls kata.

Elliot Evans, at 17 already a regular member of the Welsh squad, won a silver medal at July's British Open in Glasgow.

He showed that achievement was no fluke by going one better to take his first individual British title, winning the junior male under-18 - 55Kg division.

Without Rhys Davies, the Vale Karate under-18 team was left with just Elliot and Luke Davies who, having recently celebrated his 16th birthday, was making his under-18 debut.

Nevertheless, they



ABOVE: Gareth Reynolds.

**RIGHT:**  
Demi White.



defied the odds, falling one short of their ultimate goal, settling for a very hard-fought team silver medal.

Vale Karate's kumite coach Gareth Reynolds recently returned from the Welsh squad's trip to the Celtic Karate Cup in Brittany, where he was individual open-weight champion.

As in Brittany, he started slowly before eventually finding top gear in the final, taking the British title with a fantastic 10-2 win.

Demi White, a British Open champion in July, was the Vale's star during Sunday's children's events. With another series of characteristically brave

and exciting performances; Demi won Vale Karate's third gold medal of the weekend, the under-14 girls open-weight event, and her second British title of the year.

# RUGBY TOURNAMENT FOR THE MINIS AND JUNIORS HAILED A RESOUNDING SUCCESS



## PHOTOGRAPHS by IAN DIXON

ON a cold and wet September morning, Llantwit Major RFC mini and juniors kicked off their season by hosting a tournament sponsored by Sinclair Direct.

A great deal of hard work had been put into organising the event by the minis committee and the sponsors. Thirty two teams from the Blues region braved the elements, ranging from under-8s to under-11s.

The weather certainly did not dampen the standard of play from the four competitions, even though the players, coaches and referees had to cope with the new pathways laws.

The standard of play was quite outstanding so early in the season, and this was further boosted by the arrival of Blues, Wales and Lions legend Tom Shanklin.

Tom posed for photos and signed autographs, and was a true ambassador for professional rugby. He had time for everyone, and presented medals to the winning teams and runners-up.

All players who entered the competition received a medal for their efforts.

As well as the rugby, there were competitions run by the sponsors, bungee jumps and refreshments served throughout the day. The day proved to be a massive success, and it is hoped to make the tournament an annual event.

There are too many people to thank, but well done to all who worked so tirelessly to make the day a great success - bring on next year!

RG



## It's yet another win for Am I Blue!

**KENFIG HILL'S**  
Delyth Thomas has never had so much publicity in the national press since her *Am I Blue*, backed from 25-1 to 5-1, landed a huge gamble at Hereford Races recently.

All eyes were on her four-year-old filly when she lined up again at Newton Abbot just five days later – this time, she stormed home again by 22 lengths from *You Can Course*.

*Am I Blue*'s Hereford win is the subject of a British Horse Racing Authority investigation and Mrs Thomas told me: "On the way to Newton Abbot, I received a telephone call

to say that after heavy rain the going, which had been on the good side, was now getting soft and I didn't know how my filly would act on it."

She added: "Had it not been for all the controversy over the Hereford race, I would have withdrawn her, but I decided to let her take her chance and Richard (Johnson, the winning jockey) told me she went very well on it and, of course, I was delighted with the result."

However, Mrs Thomas is still smarting from some of the things that have been said in the national press and by one racing commentator in particular.

She claims she doesn't know who was behind the massive gamble on her filly and believes the fact that she replaced Cowbridge's Deano Coleman, a 5lb claiming jockey, with top jockey Richard Johnson may have been the cause, as punters read more into the jockey change than they should have.

She said: "Contrary to what some newspapers have been saying, there was nothing sinister about the change of jockey. Dean hadn't had much sleep after his grandmother had been taken ill during the night and, truth be known, he had become somewhat disillusioned with rac-

ing, as many jockeys do from time to time."

*Am I Blue* used to be owned by Cardiff bookmaker David Lovell and trained by Aberthin's Tim Vaughan, and rumours that it had been given a trial on Tim's gallops were scuttled by Mrs Thomas.

She said: "It's simply untrue. I trained her on my own circular gallops, where I train my Arabian horses."

Meanwhile, Vaughan had plenty to smile about last week, saddling another two winners. His three-year-old *Sassanian*, owned by Michael Page, finally made it to the winner's enclosure after a string of second and third

places when winning the juvenile hurdle at Sedgefield, and his *Ben's Folly*, owned by David Lovell and backed from 6-1 to 9-2, was successful at Uttoxeter.

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*Lutine Charlie*, a three-year-old bay gelding, owned by Mr Jason Tucker, and trained at Kenfig Hill by John Flint, landed a little gamble

at Bath Races last week when winning the Brains Beer Handicap under Russ Kenemore. Backed from 3-1 to 9-4 favourite, *Lutine Charlie* won by a neck from *Catchanova*, gaining revenge for a half-a-length defeat by the Eve Johnson-Houghton-trained runner recently.

Email your news and views to Brian Lee at [leebrian@btinternet.com](mailto:leebrian@btinternet.com) or phone him on 029 2073 6438.



## WRITE IN!

● WE welcome your sports reports and other items. Please send them to the Editorial Department at: [ggem@internet-today.co.uk](mailto:ggem@internet-today.co.uk)

## RUNNING FROM BOSTON TO AUSTIN...



*Rhys and Scott Jenkins preparing for their amazing 2,000 mile run from Boston to Austin.*

**IF you thought that Eddie Izzard's marathon efforts for 'Sport Relief' were incredible, then you'll be even more amazed by the ultra-endurance charity challenge that one of the Vale Council's exercise referral professionals is tackling this autumn.**

Scott Jenkins is swapping Barry Leisure Centre to go stateside and run more than a marathon every day for two and a half months, as he attempts to complete the 2,000 mile journey across the USA from Boston to Austin.

That's nearly twice the distance Eddie Izzard covered when he ran 43 marathons in 51 days!

Twenty-nine-year-old Scott will be joined on his mammoth challenge

by his brother Rhys, a LifeStyle member who has been hitting the gym at Penarth Leisure Centre even more often recently in preparation for the run, and their friend Rusty Toller, who lives in Texas.

The courageous trio begin their 'Boston to Austin - Hit the Road Running' challenge on September 15 and have set themselves a target of finishing by early December.

They are aiming to raise £20,000 to £30,000 for charity, with the funds being split between the British Heart Foundation, Young Texans Against Cancer, and Help the Heroes/Salute America's Heroes - two charities that help wounded soldiers in the UK and America.

Running one marathon is more than most people can manage and it takes months of training, with weeks of painful joints and blis-

## Scott, Rhys and Rusty's American marathon challenge

ters afterwards, so how has Scott prepared for his gruelling Forrest Gump-esque test?

Scott said: "In the past I have run two official marathons, but to complete so many on consecutive days is a whole different ball game."

"A big task in training has been to make sure I maintain my weight and that will be really important throughout the run as I will burn off thousands of calories each day, so it's vital that I take on the right amounts of food and drink to keep my energy levels high."

Scott's friends and family are obviously right behind him as he prepares for the run, while his clients, who are training at Barry Leisure Centre as part of the exercise referral scheme, have been astounded by what he is about to undertake.

Scott added: "It's an

insane challenge, but life is about getting out there and doing something different. I'm not aware of anyone who has attempted this particular challenge before, and we are hoping to raise massive amounts for charity."

"We all have close friends who have served in Afghanistan and Iraq, so the military charities are particularly close to our hearts."

You can follow Scott, Rhys and Rusty's progress in the build up to, and during, the run online at [www.2000milerun.com](http://www.2000milerun.com), where you can also find out how you can pledge your support and donate.

The three friends will run up to 30 miles a day. The route will see the trio take in nine states including New York, Pennsylvania, Ohio, Kentucky and Tennessee, and they will pass through 109 towns and cities.

## Impressive medal tally for Cadoxton Tae Kwon Do



*Pictured above are (back row): Team coach Tracy Goodwin, Gemma Roderick, Chelsea Rees, Nathan Moseley, Jon Hawkins, Emily Stavert, Dominic Todd and instructor Ron Thomas. Middle row: Katie Barnfield, Morganne Gomez Jones, Liam Rees, Morgan Harry, Bradley Halford, Matthew Bennett. Front row: Ollie Tipple, Morgan Stavert Hawkins, Jamie Halford, Thomas Haysham, Hayley Matthey and Lucy Newman.*

**IN August, the Cadoxton Schools of Tae Kwon Do combined forces with kick boxing and kung fu schools to form a combined Welsh squad to represent Wales at the World Games held in Killarney, Ireland.**

WOMAA World Martial Games XI was smaller than expected, but the quality of competition was excellent.

The countries that did attend, Australia, America, England, Germany, Ireland, Isle of Man, Jersey, Mexico, Portugal and, of course, Wales, all represented their countries with pride and good sportsmanship.

The games ran smoothly over the three days and brought forth many new WOMAA world champions.

Unfortunately, the Cadoxton team lost three of its expected medal winners.

Emily Stavert had to spend the night in hospital after taking a blow to the head. She rejoined the team on the Saturday but was unable to continue.

In his first bout, John Hawkins was holding his own against the Mexican heavyweight champion, when he took an illegal blow to the knee. The Mexican champion was

disqualified, but John was unable to continue and was out for the rest of the games.

Saturday saw Jamie Halford defending the titles he won in Ocean City, USA last year. He had a freak accident, catching his big toe on the edging of the mat, resulting in an open dislocation. After having an operation to pin his big toe back in place, Jamie returned on the Sunday afternoon.

Club instructor Ron Thomas was extremely pleased with all his competitors and the club supporters alike for their support and fundraising running up to the games, and over the very strenuous weekend.

Special mention to team coach Tracy

Goodwin for her hard work over the weekend and prior to the games.

Cadoxton competitors landed 41 medals: Ron Thomas, gold in the master's patterns; Morgan Stavert, gold in continuous sparring and silver in the point sparring; Lucy Newman, gold in point sparring, silver in weapons, bronze in the team event; Ollie Tipple, silver in continuous and bronze in point sparring; Jamie Halford, bronze in the team event; Matthew Bennett, gold in weapons and bronze in continuous sparring; Hayley Matthey, gold in continuous and silver in point sparring, bronze in patterns; Dominic Todd, bronze in both the continuous and point sparring; Nathan Moseley, gold in continuous and silver in point sparring; Katie Barnfield, bronze in point sparring and bronze in patterns; Gemma Roderick, bronze in patterns.

*For further information and training times, telephone 01446 406372 or 07811 934079.*

## BLUES THRILL FOR YOUNG BARRY TEAM



*ABOVE: Barry under-8s.*

**BARRY RFC under-8s recently played at half-time between Cardiff Blues and Edinburgh.**

It was an experience that the players will never forget. With little sleep and still buzzing from the previous evening at the Cardiff City Stadium, Barry RFC

under-8s travelled to Llanwit to play in their rugby festival.

A big thanks must go to Peter Griffiths and Dom.

The side has improved so much in such a short space of time since they took over the coaching reins. Thanks from all the parents and players.

LS

## Cadoxton lady bowlers are pipped by St Fagans



**THE semi-final of the Glamorgan (section one) triples competition was held on September 7.**

Cadoxton ladies met St Fagans ladies in what turned out to be an excellent game.

Cadoxton ladies Pam Bryant, Dianne Evans and Jean Tuck met Hilda Eldridge, Nicola Reynolds and Margaret Eldridge; the green was a little tricky and Cadoxton ladies were slow in coming to terms with it.

They lost the first three ends for six shots which made it very difficult to catch up, and Margaret proved a great challenge to the ladies by making her last wood the best.

On many ends the Cadoxton ladies were holding and the last wood saw their advantage taken away by

Margaret. The ladies settled down and did an excellent job and on the 16th end the score was even at 12-all.

In a nail-biting 17th end, St Fagans were able to force three shots, leaving Cadoxton wanting three to force another end, or four to win.

Cadoxton ladies were able to take the last end for one shot but not enough to win the game losing the game by two shots.

The St Fagan's team went forward into the final of the Glamorgan sections game on Friday, September 10, and were triumphant in taking the winners title.

The club competitions have nearly been completed. The last game to be played is the four wood pairs.

This has been a problem because one of the contestants had a fall and is not fit. The competi-

**tion secretary has very kindly allowed a date extension until September 24 to recover and play.**

Other results are as follows: **Championship** – J Tuck, runner-up – A Rees; **Handicap** – J Tuck, runner-up – L Spencer; **Novice** – A Rees, runner-up – J Wood; **Gladys and Cliff** – N Hitchen, runner-up – J Pycroft; **Katie's Cup** – D Evans, runner-up – P Cox; **Lil's two wood** – J Tuck, runner-up – A Jones; **Selected pairs** – J Pycroft, M O Callaghan, runners-up – P Currie, L Spencer.

The high standard of bowling during the competitions made it great viewing, with many of the games being won by one shot, giving nail-biting finishes. Well done to all who took part in this year's competition.

DMD

**Cowbridge and Sully footballers put on a spectacle**

**COWBRIDGE Town Warriors under-13s and Sully B put on a fantastic display of entertaining football.**

For the Warriors, Jo Treherne grabbed four goals, and could have scored more, with Alfie Sanderson, Eugene Richards, Ryan Thomas and Dan Oddy all on the score sheet.

It would be unfair to pick out the names of those whose efforts indeed.

hard work created these chances, suffice to say the Warriors are playing as a team.

Sully B also gave a determined effort with Leon Appiah scoring a hat-trick and they kept the pressure on Cowbridge until the final whistle.

One special mention for a Cowbridge player seemingly overlooked this time for the district squad, Dan Oddy – a very special player indeed.

RO

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# Tom's back in school as British champion!

Photograph by  
Chris Walker  
(www.kartpix.net).



ABOVE: Tom Harvey (second from right) celebrates his championship success on the podium.

## BONVILSTON'S Tom Harvey is the new British MSA Cadet Super 1 champion!

The 12-year-old Cowbridge Comprehensive pupil travelled to Whilton for the penultimate outing in the fiercely-contested Super 1 Series, with a commanding 45-point advantage in the drivers' standings.

Tom said: "I love Whilton Mill as a track; I know it like the back of my hand and I've won nearly every time I've been there lately, which helped my confidence loads."

However, carburettor issues saw to it that Saturday went far from according to plan. Tom qualified a distinctly unaccustomed 13th out of 28.

Happily, overnight

## Under-12s are off to a flyer

COWBRIDGE Town under-12 A team have got away to a flying start to the season with three wins out of three by 13-0, 9-2 and 8-3 margins.

Striker Harrison Stevens seems to have his shooting boots on as he has already hit the net nine times and is running defences ragged with his strength and pace.

Sammy Lee and Sean Davies are flying down the right wing and getting in behind defences, while James Holder has done exactly the same on the left, as well as linking

the heartbeat of the team, the midfield trio of David Bear, George Day and Luke Jeffries, is running like a slick oiled engine, while at the back there have been great performances by Tom Williams, Tomos Evans-Williams, Tom Bainbridge-Glover and Will Smith.

Finally, holding the most important position of all is Henry Jones, who has been fearless and outstanding between the posts in all three games.

SD

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- 00 W LEXUS IS200 2.0 Sport 4-Door Saloon. In Strathcarn blue with Oakham suede/leather interior, multi-CD, electric heated seats, electric sunroof, air con, only 57,280 miles.....£4,495

## FAMILY

- 08 09 VAUXHALL Astra 1.6 Breeze 5-dr in star silver met with tabita charcoal interior, alloy wheels, climate control, trip computer, body coloured bumpers, only 10,800 miles.....£8,995
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- 05 05 FORD Focus 1.6 115 Sport 5-dr Hatchback. In moonblast silver with Humy dark flint interior, alloy wheels, air con, CD, colour coded bumpers, only 54,100 miles.....£5,495
- 05 05 NISSAN Terrano 2.7 SE TD SE 7 SE in silver with charcoal interior, cd, alloy wheels, 7 seats, side step, only 41,630 miles.....£6,995
- 05 05 HONDA Civic 1.7 CDTi in magnetic blue with hatch fabric interior, alloy wheels, air con, cd, colour coded bumpers, only 55,130 miles.....£6,495
- 04 04 CITROEN C3 stop&start 1.4 5-dr Automatic Hatchback. In silver with blue velour interior, air con, cd, alloy wheels, only 29,920 miles.....£4,495
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- 04 04 FORD Focus 1.6i 16v Zetec 5-dr Hatchback. In panther black with Salomon black interior, climate pack which includes air con and quick clear heated front screen, alloys, colour coded bumpers, only 83,060 miles.....£4,395
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## SMALL

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- 08 08 FORD KA hatchback. In panther black with cascade interior, immobiliser, CD, drivers airbag, central locking, only 32,349 miles.....£4,995
- 07 07 RENAULT Clio Dynamique 1.4 5-Dr Hatchback. In silver with black interior, alloy wheels, colour coded bumpers, fog lights, only 37,550 miles.....£6,495
- 07 07 VAUXHALL Corsa 1.2i 16v life (a/c) 3-dr hatchback easy tronic. In metro blue with punch cloth charcoal interior, electric mirrors, air con, immobiliser, service history, only 17,900 miles.....£6,495
- 06 06 VAUXHALL Corsa 1.2 16v SXi+ 3-Dr Hatchback. In sapphire black with splice/leather black interior, alloy wheels, privacy glass, colour coded bumpers, CD, only 52,320 miles.....£3,995
- 06 06 RENAULT Clio 1.2 16v Extreme 3-dr Hatchback. In platinum silver with grey interior, alloy wheels, steering wheel mounted audio controls, colour coded bumpers, CD, only 19,860 miles.....£4,995
- 05 05 VAUXHALL Corsa 1.9 i 12v 3-dr Hatchback. In purple spell with Orleans charcoal interior, CD, power steering, air con, colour coded bumpers, front fog, only 29,920 miles.....£3,995
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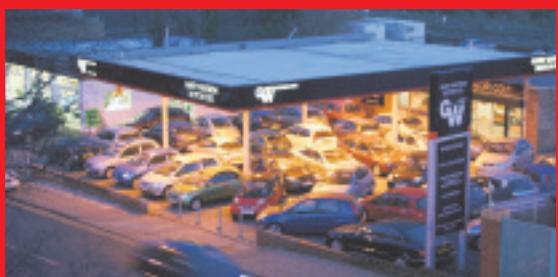
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06	VAUXHALL Meriva 1.4 Life	In silver, 40,000 miles with CD, A/C etc . . . . .	£4,995
55	RENAULT Scenic 1.6 VVTi Dynamic.	In met red, 31,000 miles . . . . .	£4,995
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05	FORD Ka Style.	In silver, 39,000 miles with cd, etc . . . . .	£3,295
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Total Amount Payable by Customer £9514.44
GMFV (Optional Final Payment) £3396.00
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Amount of Credit £8395.00
Total Charge for Credit £1440.36
Total Amount Payable by Customer £10335.36
GMFV (Optional Final Payment) £3723.00
Mileage per Annum 9000
Excess Mileage Charge 6p per mile

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**£8,995 ON THE ROAD\***



**NIL DEPOSIT**  
**£182 per month - 36 months**

FORD New Fiesta Edge 1.25 Petrol (60PS)
On The Road Price £9495.00
Deposit Allowance £500.00
Amount of Credit £8995.00
Total Charge for Credit £1541.40
Total Amount Payable by Customer £11036.40
GMFV (Optional Final Payment) £3978.00
Mileage per Annum 9000
Excess Mileage Charge 6p per mile

\*on the road includes customer deposit allowance, only available with Ford Credit at 7.9% APR typical on 3 year options.

**£9,995 ON THE ROAD\***



**NIL DEPOSIT**  
**£203 per month - 36 months**

FORD New Fiesta Zetec 1.25 16V Duratec (82PS)
On The Road Price £10495.00
Deposit Allowance £500.00
Amount of Credit £9995.00
Total Charge for Credit £1708.52
Total Amount Payable by Customer £12203.52
GMFV (Optional Final Payment) £4392.00
Mileage per Annum 9000
Excess Mileage Charge 6p per mile

\*on the road includes customer deposit allowance, only available with Ford Credit at 7.9% APR typical on 3 year options.

**£10,995 ON THE ROAD\***



**NIL DEPOSIT**  
**£225 per month - 36 months**

FORD New Fiesta Titanium 1.4 16V
On The Road Price £11495.00
Deposit Allowance £500.00
Amount of Credit £10995.00
Total Charge for Credit £1873.56
Total Amount Payable by Customer £13368.56
GMFV (Optional Final Payment) £4787.00
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# GEM sport

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## BARRY RFC CONTINUE FINE START TO THE SEASON WITH VICTORY

**ON Saturday, Barry first XV entertained Cardiff High School Old Boys, a team which came close to promotion last season.**

Playing up the slope, Barry started aggressively and following some good driving play by the forwards and neat handling, the ball reached Busitil, who crossed the line for the first try, converted by Cummins.

From kick off, High School were awarded two penalty opportunities in quick succession, both of which were missed.

Barry had to defend bravely on their line for a short period, and from the resulting five yard scrum the Barry pack showed their supremacy

in this phase of the game, by disrupting and finally driving the loose ball fifty yards up the field, only to concede a penalty.

Barry were starting to use their three-quarters from possession gained by the forwards, but due to over-elaboration and a bit of bad luck, two try scoring opportunities were missed - chances which they must learn to take in tighter games.

A smart break by Hardy broke down, followed by a line out steal by King taken on by Brown, resulting in a penalty to Barry near the touchline.

Cummins did the honours to give them a ten-point lead.

Both sides incurred the wrath of the referee

BARRY RFC CARDIFF HSBC	37
CARDIFF HSBC	3

with penalties being conceded frequently, and one of these was kicked by Cummins to put Barry 13-0 up.

What followed next saw Brad Gee cleverly chip the ball ahead with a 'Matfield-esque' kick and, to amazed spectators, regain control of the ball to feed Hollister, who charged thirty yards to the line for a fine front row try.

The Barry pack were in their element, working as a unit and dominating exchanges up front.

Barry continued to give too many penalties away, and just on half time the High School got their first points of the game.

Barry were not to be denied, however, and from a loose kick out of defence, Ryan gathered the ball to score a good try.

As the game drew to a close, Barry attacked from inside their own half with the ball passing through several pairs of hands before Busitil, who had been in the move earlier, followed up to score his second try and the best of the game.

Two wins out of two is a great start to the season, but the coaches will be undoubtedly emphasising the need to take try scoring chances and reduce the penalty count.

This Saturday, Barry first XV are away to Llandaff, kick off 2.30pm.

AJ

## Orchestra are forced to play Wanderers' tune in annual game

**IN THE ANNUAL match against the musicians, double promotion winners BWCC enjoyed a very well mannered game played in the best of spirits, in drizzly rain!**

BWCC batted first with stalwarts Barnes and Gist opening the innings.

With runs hard to come by, aggressor Barnes was first to go for 12, missing a straight one.

Ridgwell came in at No 3 and immediately got on with it, scoring a quickfire 24.

With the opposition short of a man, skipper Barnes sub-fielded for them and put down a sitter when No 4 Emry John edged to slip - it proved not to be an expensive drop, as he was out two balls later for five.

Gist was still at the crease nudging and nudling his way through.

<b>BARRY WANDERERS V BBC ORCHESTRA</b>
--

Pete Webb came in at No 5 and blasted a quickfire 57, including three big sixes, plus the running out of the retiring Gist for a solid 14.

Matt Burgin cameoed with a quick 14, including two crackers off his legs, and it was left to Mark Ellis to piouette his way to seven.

BWCC finished on 159 for 7 off 35 overs.

After a superb tea, Barnes intended to give the guys who didn't feature with the bat a bowl - a decision which was to win the game in quick fire 24.

SofaSofa man of the match went to Pete Webb.

With two weekends left of the season, Barry Wanderers Cricket Club are a social club who give people cricket and get everyone involved.

Keep your eyes posted through the winter months for details of our winter net sessions and youth team developments, and there will be a full summary of the tour to Barbados in October! AF

## Young local riders enjoy their pony racing success

**CHARLOTTE PRICHARD (14) and Connor Flint (15) won the first Charles Owen pony races ever to be staged at Ffos Las Races last Sunday.**

Charlotte, a member of the Pentrech Hunt Pony Club, and younger sister of up-and-coming amateur rider David Prichard, won the first event on her five-year-old chestnut mare Peateaoch, while Connor, a member of the Llangeinor Hunt Pony Club, took the second on his prolific Stambrook Marquessa, a winner of more than 40 races.



Charlotte Prichard (aged 14) of the Pentrech Hunt Pony Club in action on her pony Peateaoch.

BRIAN LEE

AB

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- Leek and Caerphilly Cheese Glamorgan Sausages
- Braised Steak and Mushroom Pie
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- Hand carved Ham and free-range Eggs
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- Battered Cod and Chips
- Salmon and Dill Fish Cake with creamy Spinach Sauce
- Salad of the Day

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